San José State University
College of Social Sciences
Psychology 110 (80)
Adult Psychopathology (Abnormal Psychology)
Winter 2025
ONLINE ASYNCHRONOUS COURSE

Instructor:	Glenn M. Callaghan, Ph.D.
Office Location:	Zoom (see link on Canvas)
Email:	Glenn.Callaghan@sjsu.edu & through Canvas
Office Hours:	Zoom on M 9:00am -10:00am and email with request
Class Days/Time:	Asynchronous course
Online:	Canvas and Zoom for office hours
Prerequisites:	PSYC 1

You are responsible for all of the material in this syllabus including due dates and times, location of assignments on Canvas, and the course and university's policy on academic integrity.

Course Format

Technology Intensive Online Asynchronous Course

This course will not meet in person and will be fully online using the Canvas learning management system. All lectures are recorded and posted to the Canvas course website. All assignments and exams will be posted and submitted through Canvas. You will need consistent access to a computer and stable internet connection for this course.

Faculty Web Page and MYSJSU Messaging

Course materials such as syllabus, handouts, notes, assignment instructions, etc. can be found on my faculty web page on the Canvas Leaning Management System course login website at http://sjsu.instructure.com. You are responsible for regularly checking with the messaging system through MySJSU at http://my.sjsu.edu (or Canvas) to learn of any updates.

Course Description

From the SJSU Catalog: Description: *Nature, causes, assessment, and treatment of behavioral, emotional, and personality problems of adults. Emphasis on psychological, social, and biological determinants of human behavioral and psychological disturbance. Prerequisite: PSYC 001.*

This 3-unit course is designed to provide you with an overview of the range of human behaviors described as "abnormal." We will discuss the definition of normality and abnormality, how these definitions have changed over time, and models of understanding human behavior and suffering. We will also discuss specific syndromes and diagnostic categories of psychopathology and will survey some of the treatments used for these disorders. You need to have taken Psychology 1 to enroll in and get credit for this course.

Course Goals and Student Learning Outcomes

The primary goals of the course are (1) to provide students with a general understanding of the various types of psychological disorders discussed within the field of psychological science, (2) to provide a basic familiarity with evidence based treatments for some disorders, (3) to recognize the important role of culture and contextual variables in the assessment, diagnosis, and treatment of psychopathology, and (4) to develop an ability to think critically about these disorders and the study of them as abnormal behavior.

Specifically, our course outcomes are as follows:

CLO1 – Critical thinking development: Historical context

Upon successful completion of this course, students will be able to discuss the importance of history and context when examining and classifying psychological disorders and their treatments.

CLO2 – Knowledge based and application development: Understanding paradigms

Upon successful completion of this course, students will be able to describe the major paradigms (biological, cognitive, behavioral, psychodynamic, and sociocultural) used in understanding the etiology, assessment, classification, and treatment of psychological problems.

CLO3 – Research Methods development: Clinical science

Upon successful completion of this course students will be able to describe the role of science (with its varying methods) in the study of "normal" and "abnormal" behavior.

CLO4 – Critical thinking and application: Classification

To identify the process of classification and explain its dependence on theoretical paradigms including the use of the current diagnostic system for psychopathology.

CLO5 – Critical thinking and application: Assessment

Students will be able to name different purposes of assessment of abnormal behavior, and to identify different modalities appropriate to these purposes and recognize the importance of contextual variables impacting mental health and suffering including race, gender, ethnicity, culture, and sexual identity.

CLO6 – Knowledge base and application & Values in psychology - Evidence based interventions development

Students will be able to identify different types of psychological, social, and biological interventions used in treating psychological problems and clinical disorders and the value of empirical evidence for those interventions.

These goals and learning outcomes will be evidenced through the following assessment strategies:

1. Examinations covering all key information will occur in 3 modules and address all CLOs.
2. Online quizzes will develop critical thinking and application of concepts to clinical situations
3. The module assignments will help further critical thinking in history and assessment, develop a richer understanding of the role of racism in mental health, and develop critical thinking and application of concepts to clinical situations

Program Learning Outcomes (PLO)

Upon successful completion of the psychology major requirements:

PLO1 – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

PLO2 – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Required Texts/Readings

There is one text required for the course and can be purchased from the bookstore or on-line at your favorite used (or new) book site. You will need to complete the readings for the online quizzes for each section.

Also note that you can rent this textbook electronically or used for a much lower price than purchasing a new hardcover version. I encourage you to check the SJSU bookstore as well as well as online sites that sell and rent the book.

Durand, V. M., Barlow, D. H., & Hoffman, S. G (2018). *Essentials of Abnormal Psychology* (8th Edition). Cengage Publishing: Boston, MA.
ISBN 9781337619370.

You do not need any DVD, booklets, "with access," or ancillary publisher materials for this course.

Office Hours

I have office hours for this term on Mondays from 9:00am to 10:00am (PST). If you need to meet at a different time than this, send me an email with a few suggested times, and we will work something out based on both of our schedules and availability.

The office hours will occur over Zoom using the link provided on the Canvas course home page. Please note that you will be required you to use Zoom through your SJSU account.

If you know you want to attend one of the Tuesday meetings, please try to email me in advance to let me know. If no one attends in the first 30 minutes, I will likely end the office hours for that session, unless someone lets me know they plan to attend that day.

Course Requirements and Assignments

Grading is based on the sum of the following: 3 exams, 13 quiz scores, one course structure quiz, and one assignment due at the end of the term. There will be 480 points possible in the course.

Each exam will have 50 questions and will be worth a total of 100 points apiece for a total of 300 exam points. Your quiz score will be based on the total of your 13 quizzes; there will be 130 quiz points available. You will have one assignment due at the send of the term worth 30 points.

Due dates and times

All assignments, quizzes, and exams are due by 11:59 pm (PST) on the day posted.

Quizzes for each module are due by **day of the module exam** (at the end of each module). I strongly encourage you to follow the schedule below to keep from being overwhelmed. Note that the suggested due date for quizzes is to help keep you on a schedule, but they are due by the final posted due date.

Exams will be opened on the day of the exam as posted in the syllabus AND on Canvas and closed that day by 11:59 pm PST. Once you open the exam, **you will have 75 minutes to complete it.**

The exams are only open on designated exam days for two reasons: (1) this protects the integrity of the exam by having only one access day per test; and (2) this helps prevent people from rushing through the material and taking the exam before they are ready or pushing them to the end of the course.

Please let me know if you have questions or concerns about this policy.

Assessment Items and Their Value			
	How Many?	**% of Final Grade**	**Points**
Exams	3	300/480=62%	300 (100 each)
Quizzes	13	130/480=27%	130 (10 each)
Assignment	1	30/480=6%	30
Course Structure Quiz	1	20/480=5%	20

The grading scheme for this course is determined as follows:

Grade	*Percentage*
A plus	99 to 100%
A	92.5 to 98.9%
A minus	90 to 92.4%
B plus	87.5 to 89 %
B	82.5 to 87.4%
B minus	80 to 82.4%
C plus	77.5 to 79%
C	72.5 to 77.4%
C minus	70 to 72.4%
D plus	67.5 to 69%
D	62.5 to 67.4%
D minus	60 to 62.4%
F	59% and below

Important Information about Cheating and Plagiarism (AI and other issues)

The following is **REALLY important** for you to read. In no way do I want to be the plagiarism or cheating police for this course; that is not a role that makes me happy or makes for a great learning atmosphere. SJSU's academic integrity policy is posted later in this syllabus.

I want to send a quick reminder to everyone about two places **cheating & plagiarism** can be an issue for our course:

1. **Using the internet to look up quiz or exams answers OR using AI apps/bots to answer them** rather than answering the questions yourself. Sometimes it seems easier to just look up answers other people have posted or use AI applications to tell us the answer rather than to read the textbook and answer them yourself. I get that, but it is cheating if you don't provide your own answers. You can certainly use the book (or digital versions of the book) to find the answers. You **cannot** simply search the internet for answers others have posted or use apps to give you the answers. Those are not your answers, and this is essentially copying someone's answers. Canvas has a way to detect this process, as do I from teaching online for many years (even before Covid). As stated in the syllabus, you cannot do this, or it will count as cheating, and you will fail the course. Please trust me that this is easy to detect.

2. **Using AI to generate written responses**. Your writing must always be your own, otherwise it is plagiarism. You can use AI to inspire you, to help you consider issues, but your writing must be your own. Again, Canvas has a way to detect this, and there are numerous AI detection programs, and my experience will help here, too. You cannot turn in writing that is not your own. That constitutes cheating.

You cannot do either of these things. Please do not cheat. Please do not make me the *Academic Integrity Police*. **You will fail the assignments, quizzes, and/or the course**, and it just isn't worth it.

Remember that this is your education. Taking the Assignments seriously and working through the Quizzes will help you do better on the Exams, and you will learn the content!

If you have any questions about this or want to talk about this, just let me know. As always, I want you to succeed in this course. I also want you to learn things and, ideally, have a good time. Let's keep our class atmosphere fun, collaborative, and supportive!

How our Course is Set up

This is a fully asynchronous course. That means that we do not meet as a class on any set time.

You will proceed through the course at your pace but MEETING THE SET DUE DATES for each Module for the quizzes, exams, and the course assignment.

This is a full semester worth of learning in a very condensed time frame, so know there will be a substantial time commitment required to succeed in this course.

The quizzes have all been set with a due date (deadline) for the day of the exam for that module.

Each exam MUST be taken on the posted date and completed by the end of that day (deadline). This will allow everyone to review their test after it has been completed, and it will keep you from running out of time for the next set of materials. **You will have 75 minutes to complete the exam** unless you have specific accommodations set up with the university.

Please be sure you review the note above about using apps/bots or looking up answers to exams as grounds for failure in the course.

I have set up a course structure for you to follow in order to meet the deadlines and not be overwhelmed by the workload in the course. This structure is not strictly required, EXCEPT that you MUST MEET THE MODULE DEADLINES for the quizzes, exams, , and the course assignment.

Lecture Material

In each **Module** I have uploaded **video lectures** in 10- to 15-minute segments of me narrating the lecture slides as I would in an in-person class. These are likely the best way to try to learn the course material. I have uploaded the lecture slides for you to read on your own, but I think this would be a hard way to learn the material (though students have done this in the past when they missed in person lectures.

Videos Concept Illustrations

There are **video concept illustrations** that help demonstrate key concepts, disorders, treatments, and so on. These are videos I would typically show in person during a class meeting.

When they are labeled "Required," you need to view them. (I know, that's crazy.) These are clips that I think are fundamental to you really understanding a central concept.

When the videos are labeled "Optional," they are just that. I uploaded or linked them to help dig a little deeper than lecture, just in case you are interested.

Please do NOT save any of the concept videos, as they are copyright protected.
Exams

The exams will cover both readings from the text and class lectures. The exams will be multiple-choice format and will have 50 questions, each worth 2 points.

NOTE: **I write the exam questions** from our lecture slides and study guides, but I will use one quiz question from each quiz on the exam (quiz questions are from the textbook authors).

Each exam will be open on Friday at 5:00am (PST) and close at the end of that day at 11:59pm (PST). You will have 1 hour and 15 minutes to complete the exam (75 minutes) unless you have specific accommodations set by the university.

Once you open the exam, you will have 75 minutes until the exam closes. You cannot exit and save an exam and come back to it once it is open. It will close in 75 minutes from the start time.

NOTE: You need to allow the **75 minutes** allotted to complete the test You can finish faster than that, of course, but if you need the whole time, you must begin 75 minutes before the exam closes at 11:59 pm (PST) (e.g., before 10:44 pm PST)

Exam curving

The highest score for any exam will be based on the highest score achieved on the test so that the highest score is equal to 100% (that is, if there are 100 points possible and the highest score is 96 points out of 100, percentages will be based on 96/96 = 100%). Tests will be curved within reason (not typically more than 6 points or 94/100).

Canvas does not have a reasonable way to curve tests, so I will provide the extra points in a column for each exam where the high score was less than 100. If, for example, 96 is the high score, then all students will be given 4 extra points. These are like “bonus points” in that they are not part of the total course and are just added on top of your score.

Exam structure

There are three exams based on each Module. You must take all three of the exams to pass the class.

The exams are not cumulative in the sense that I will reach back to early material that is not discussed frequently in later parts of the course.

Each Module has a **Study Guide** and a set of **Sample Test Questions** (that do NOT count toward your grade!) to see how things might go for the exam.

The exams **MUST BE COMPLETED** on the date listed in the course syllabus and online. You can take it before the final time it is due, but the exam will be closed once the due date and time have passed.

MATERIALS ALLOWED: During the exam, you are allowed to use your textbook, course notes, and whatever notes you have taken for this class.

You cannot look for answers on the internet. You cannot use an AI application to provide answers to test question. If you get an item marked wrong based on the course information and due to information you retrieved from the internet, it will remain marked incorrect. **Note that cheating will result in an F in the course, and a report will be made the SJSU's office of Academic Integrity.**

Please note that there is **simply not enough time** to look for answers **all** of the answers in the slides, book, or your notes. If you study for the exam as if it were in-person, you will do much, much better than if you do not study the material in advance. The questions are not tricky, but there are too many to engage the test without preparation.

WORKING ON YOUR OWN: During the exam you **cannot communicate with anyone** else about the test or the answers you select. Do not call, text, or communicate in any way with anyone else. I will evaluate the exam for evidence of cheating in response patterns and other indicators. **Again, cheating will result in an F in the course, and a report will be made the SJSU's office of Academic Integrity.**

TIMING: You will have **75 minutes** to complete the exam, unless other accommodations have been made. Once you start the exam, the 75 minutes begins. When that time limit expires, the exam will close. Again, each exam will be open on Friday at 5:00am (PST)and close at the end of that day at 11:59pm (PST).

COMPUTER USE: I strongly encourage you to use a **laptop or desktop computer** to take the exam, as mobile devices do not always interface with Canvas as effectively. Please try to be located where you have **consistent access to the internet**.

BACKUP PLAN FOR TEST TAKING: I encourage you to have some kind of backup plan in the event your internet goes out, your laptop battery gets low, or some other dreadful thing happens. I know this is challenging, but it is better to have that plan than to be in a situation when things go badly with no backup plan.

QUESTIONS: I will not be able to be available to you during the exam time, as people will be taking this at different times during the day. I am very happy to talk about your questions once the exam is completed and you have access to review your exam.

Online Quizzes

The quizzes are meant to stimulate your reading of the text and complement the lecture material. All quizzes will be multiple-choice and will be based on the assigned readings from the textbook. I use the questions written by the authors for the Quizzes. Remember that I write the exam questions from our lecture slides and study guides, but I will use one quiz question from each quiz on the exam. **Please be sure you review the note above about using apps/bots or looking up answers to quizzes as grounds for failure in the course.**

The quizzes are completed on Canvas at your convenience. They will be available online each week and due according to the schedule below. **For our online asynchronous course, the quizzes for each module are due no later than that module exam date (on Fridays).**

You can log in and out to do the quiz, just be sure to save your answers. The quizzes have a due date, but they **are not time timed**, and they can be completed in multiple sessions.

Quizzes will not be able to be turned in later than the posted deadline. Please keep track of your quiz schedule and the scores you receive. Please do not ask me to make a special case for you after you miss a quiz due date unless you have a genuine emergency. It is better to ask for this exception before the due date of the assignment.

If you have questions about the quiz or items in the quiz, please send me a message in Canvas or by email.

Assignment: Effects of Racism on Mental Health

This is an assignment to dig a little deeper into an essential topic in psychopathology. It will critically examine the effects of racism on mental health. You will view a video by experts in the field and answer questions about the content discussed there.

This is a fundamental topic to mental health and sits squarely with the current challenges faced in our country. You will find important information about systemic and personal racism and the relationship these have to human suffering.

Extra Credit options

In this Winter session, you can earn extra credit, if you choose, by completing one of two assignments posted to Canvas. The directions for each assignment are different, as are the tasks. Each are worth up to 15 points. You will earn points based on each question.

You cannot do both of the optional assignments and receive credit. If you complete both, I will only evaluate the one you turn in first.

Please note you cannot substitute the *Effects of Racism on Mental Health Assignment* with an Extra Credit option.

Professional Communication

The best method of contacting me is via email through Canvas or by directly emailing me. Please allow 1 business day for a response. I do not typically respond to email on weekends.

If you have specific questions about an upcoming assignment with respect to material covered, please tell me the question and then make an attempt to answer the question. I will let you know if you are on track and amend the answer, if need be. Please do not send more than 2 to 3 questions at a time.

As a San Jose State University student, you are encouraged to engage in professional communication with faculty, staff, and your fellow students. This is especially important in electronic mail notes that you might send.

Please be sure to follow the following basic guidelines when communicating in a professional capacity:

1. In the Subject line, state what specific issue you are emailing about (e.g., exam 3, quiz 7).
2. In the greeting, please address your professor by his or her title (e.g., Dr. or Professor).
3. Be sure to identify yourself clearly by stating your full name and the specific course and section number you are in.
4. Be clear in your statement about what you are asking for or of what you are informing the reader.
5. Consider your request before you make it. If you believe you can make that request in a professional way and support your reasons for your request, please ask.
6. Use a polite and respectful tone.
7. Use complete sentences with upper and lower case letters, and do not use abbreviations for words that are often used in text messages.
8. Be sure to use correct grammar and spelling.
9. If you need a reply to the email you have sent, please request that clearly.
10. If you do not hear back within a reasonable amount of time from the person you sent the email to, politely request a response and resend the original message (you can use the forward function here).

Needing Help with our Course Website

If you see any broken links, can't figure out where something is, or just need help, please email me. I can likely help!

Needing Help with Online Learning

Teaching and learning online can be fun, and it can be challenging. I have tried to set up a course that will work for everyone, but each of us has our own unique way of learning. A "one size fits all" approach to online learning will not work for everyone! Let me know where you are having challenges and what you might need. Often time, I can offer a few strategies that might help you succeed.

For a general set of useful resources for online learning, see SJSU distance learning resources.

If you need help, feel lost, are getting behind, or have essential parts of your life needing attention in this difficult time, please reach out to me. I want to make sure that this class is not the most challenging part of your life right now.

We will brainstorm and figure out what is possible to help you succeed at the level you are aiming for in this course. Please reach out as things become challenging so we can create a plan for success that fits your unique situation. Always remember, that the sooner we can get in on a challenging situation, the more likely we can remedy it. If you wait too long, sometimes our options are much more limited to help alleviate your stress and allow you to succeed.

University Policies

Per University Policy S16-9 *(http://www.sjsu.edu/senate/docs/S16-9.pdf)*, relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on Syllabus Information web page (http://www.sjsu.edu/gup/syllabusinfo), which is hosted by the Office of Undergraduate Education. Make sure to visit this page to review and be aware of these university policies and resources.

Here are important excepts from these policies:

Consent for Recording of Class and Public Sharing of Instructor Material

Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent. **You may NEVER give or sell the course notes or any other course material to an outside agency** (e.g., a study

website) as this material is copyrighted and legally protected by both the professor and SJSU.

Education Code of California Law section 66450-52 prohibits any person from selling or otherwise publishing class notes or presentation for a commercial purpose. In addition, Title 5, section 41301 in the Student Code of Conduct for all California State Universities prohibits the publication of academic presentations for commercial purposes.

Members of SJSU work actively to detect compromised coursework made available on the web and will determine the specific source of that compromise. We will seek academic and legal consequences to all individuals who posts any course material to another website (including course notes and test materials).

Distributing course or test material is a violation of academic integrity as well as intellectual property rights. These consequences can include academic dismissal and financial liability in civil court.

With respect to recording lectures, University Policy S12-7 requires students to obtain instructor's permission to record the course. Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor's permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only.

The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material. In order to record a class a written request must be made to the instructor, who will respond in writing. In classes where active participation of students or guests may be on the recording, permission of those students or guests should be obtained as well.

Please note that the videos shared here in Canvas most often belong to those who hold a copyright. **Do NOT download or distribute any of the videos from this course.**

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/senate/docs/S07-2.pdf requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified.

Do NOT use the internet or AI to find the answers for Quiz questions or AI applications to complete them or writing assignments. Using someone else's work or answers and claiming them as your own is cheating and a violation of academic integrity.

If you cheat, plagiarize, or otherwise violate the policy of academic integrity in this course, you will fail that assignment and may fail the entire course. All instances of violations of academic integrity will be reported.

Campus Policy in Compliance with the American Disabilities Act

Presidential Directive 97-03 requires that students with disabilities requesting accommodations register with the Accessible Education Center (AEC) to establish a record of their disability. AEC will contact the instructor with further details, if needed. If special arrangements are needed in cases of emergency or if the building must be evacuated, please make arrangements with the instructor.

Please do not hesitate to contact me by email or in person to discuss this.

SJSU Writing Center

The SJSU Writing Center offers a variety of free resources to help students become better writers. The center offers writing resources, workshops, and one-on-one and small-group tutoring sessions. Services support writing for students in all disciplines and at all levels. The SJSU Writing Center has two in-person locations, Clark Hall, Suite 126 and MLK Library, 2nd floor. Workshops and tutoring is also available through online platforms.

To make an appointment or to refer to the numerous online resources offered through the Writing Center, visit the Writing Center website at http://www.sjsu.edu/writingcenter.

SJSU Counseling Services

The SJSU Counseling Services is located at the Student Wellness Center, room 300B. Professional psychologists, social workers, and counselors are available to provide consultation on issues of student mental health, campus climate or psychological and academic issues on an individual, couple, or group basis. To schedule an appointment or learn more information, visit Counseling Services website at http://www.sjsu.edu/counseling.

SJSU Cares

Students experiencing challenges meeting their basic needs including, but not limited to, access to food, shelter, and a safe space are encouraged to contact SJSU Cares. Students who feel that their class performance may be affected by these challenges are encouraged to notify their professors, if comfortable doing so. Faculty members may be able to provide flexibility within the course for students working with a case manager.

Adult Psychopathology (PSYC 110)
Winter 2025
Dr. Callaghan
ONLINE ASYNCHRONOUS COURSE

Date	Reading	Topic/Class meeting	Videos to View	Quiz/ Assignment Due
MODULE 1: Theory and Science of Psychopathology				
R 1-2-25	Syllabus & key web links Ch. 1	**Meaning of Psychopathology** **History of Psychopathology**	**Meaning of Psychopathology pts 1&2 [lectures]** History of Psychopathology pts 1&2 [lectures]	**Work on Course Structure Quiz!** Quiz 1 (history) Suggested: 1-2 **due by 1-7**
F 1-3-25	Ch. 2 Ch. 3 (p. 69-115)	**Paradigms of Abnormality** **The Scientific Method**	**Paradigms Pts 1-6 [lectures]** Concept: Stephanie pts1 & 2 **Science Pts 1- 4 [lectures]**	**Course Structure Quiz due 1-5** Quiz 2 (theories) Suggested: 1-3 **due by 1-7** Quiz 3 (science) Suggested: 1-3 **due by 1-7**
M 1-6-25		**Classification & Assessment**	**Classification pts 1- 5 [lectures]** **Assessment pts 1 & 2 [lecture]**	Quiz 4 (classification) Suggested: 1-6 **due by 1-7**
T 1-7-25	**Module 1 Quizzes due by 1-7-25 at 11:59pm (PST)** **EXAM 1 opens 5:00am 1-7-25 & closes after 75 mins at 11:59pm (PST) on 1-7-25**			

Module 2 begins on next page

Date	Reading	Topic/Class meeting	Videos to View	Quiz/ Assignment Due
MODULE 2: Anxiety, Dissociation, & Mood Disorders				
W 1-8-25	Ch. 4	**Anxiety disorders, OCD, & PTSD**	**Anxiety & Phobias pts 1-3** **Panic, GAD, OCD pts 1-3** **PTSD pts 1-2 [lectures]** Concept: Phobia exposure Panic [Sedata]; OCD [Jennifer]; PTSD	Quiz 5 (anxiety) Suggested: 1-8 **due by 1-13** *Note that *Assignment: Effects of Racism on Mental Health* is most relevant here, but due 1-17
R 1-9-25	Ch. 6 (200-245)	**Mood Disorders**	**Bipolar Disorder pts 1-2** **Depression pts 1-5** **[lectures]** Concept: BD [Del]; MDD [Evelyn]; MDD severe w/ psychotic features & ECT	Quiz 6 (mood) Suggested: 1-9 **due by 1-13**
F 1-10-25	Ch. 6 (p.246-244) Ch. 5 (p.180-181, 184-197)	**Suicide** **Dissociative Disorders**	**Suicide pts 1-3 [lectures]** Concept: The Bridge (trailer) **Dissociative Disorders & Memory pts 1-3 [lectures]** Concept: DID [officer]; False Memory Syndrome	Quiz 7 (suicide) Suggested: 1-10 **due by 1-13** Quiz 8 (dissoc) Suggested: 1-10 **Due 1-13**
M 1-13 -25	**Module 2 Quizzes due by 1-13-25 at 11:59pm (PST)** **EXAM 2 opens 5:00am 1-13-25 & closes at 11:59pm (PST) on 1-13-25 after 75 mins** *Recommend doing Assignment: Effects of Racism on Mental Health by this date (due 1-17)			

Module 3 begins on next page

Date	Reading	Topic/Class meeting	Videos to View	Quiz/ Assignment Due
MODULE 3: Psychotic, Personality, Eating, Substance, and Sex Disorders				
T **1-14-25**	Ch. 12 Ch. 11	**Schizophrenia** **Personality Disorders**	**Schizophrenia pts 1-4 [lecture]** Concept: David; Eta; psychoanalysis; TD symptoms; lobotomies **PDs parts 1-5 [lecture]**	Quiz 9 (schizophrenia) Suggested: 1-14 **due by 1-17** Quiz 10 (PDs) Suggested: 1-14 **due by 1-17**
W **1-15-25**	Ch. 8 (283-302 & 158-161) Ch 10 (367-398)	**Eating Disorders & BDD** **Substance Use Disorders**	**Eating pts 1-3 [lecture]** Concept: Power of media; self-image; diverse beauty **Substance pts 1-3 [lecture]**	Quiz 11 (eating) Suggested: 1-15 **due by 1-17** Quiz 12 (substance) Suggested: 1-15 **Due by 1-17**
R **1-16-25**	Ch 9	**Sex Disorders**	**Sex disorders pts 1-5 [lecture]**	Quiz 13 (sex) Suggested: 1-16 **Due by 1-17**
F **1-17-25**	**Assignment: Effects of Racism on Mental Health due by 11:59pm (PST) on 1-17-25** **Module 3 Quizzes due by 1-17-25 at 11:59pm (PST)** **EXAM 3 opens 5:00am 1-17-25 & closes after 75 mins at 11:59pm (PST) 1-17-25** **OPTIONAL extra credit [only one of two options] is due by 11:59pm (PST) on 1-17-25**			