

San José State University
Department of Psychology
Psyc 190, Current Issues Capstone: Motivation
Section 4, Fall 2024

Course and Contact Information

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| Instructor: | Patrick F. Cravalho, PhD |
| Email: | patrick.cravalho@sjsu.edu |
| Office Location: | Dudley Moorhead Hall, Room 232 |
| Student Drop-in Hours: | In-person AND online on Tuesdays & Thursdays from 2:15pm to 3:30pm (Zoom link: https://sjsu.zoom.us/j/88013895697) OR email me to set up a Zoom appointment on Monday or Wednesday. <u>NOTE: for drop-in hours or appointments via Zoom, you need to use your SJSU Zoom account to join the meeting.</u> |
| Class Days/Times: | Held in person on Tuesdays & Thursdays from 10:30am to 11:45am. |
| Classroom: | Boccardo Business Center, Room 126 |
| Prerequisites: | PSYC 100W & senior standing, Co/Prerequisite PSYC 118 or PSYC 120 |

Course Description

Integrative survey of current issues in psychology, how they developed and likely future directions. Completion of the research methods requirement prior in enrollment in this course is recommended.

Course Goal

The goal of this course is to provide you with the knowledge and skills to assume a service position rooted in psychology (e.g., teacher, counselor) and motivate people to improve their lives.

Course Learning Outcomes (CLO)

Upon successful completion of this course, students will be able to:

CLO1 – Display knowledge of the psychological concepts and theories relevant to help motivate people.

CLO2 – Describe various concepts within the fields of motivation and educational psychology.

CLO3 – Design research methods for testing one’s hypothesis about a population’s motivation.

Program Learning Outcomes (PLO)

Upon successful completion of the psychology major requirements... **(Psyc 190 meets each PLO)**

1. *PLO1 – Knowledge Base of Psychology* – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

2. *PLO2 – Research Methods in Psychology* – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
3. *PLO3 – Critical Thinking Skills in Psychology* – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
4. *PLO4 – Application of Psychology* – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.
5. *PLO5 – Values in Psychology* – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Materials

1. Laptop/desktop/tablet computer and Internet access. SJSU has a free equipment loan program for students: <https://www.sjsu.edu/learnanywhere/equipment/index.php>.
2. Access to Google documents, sheets, & slides or to Microsoft Word, Excel, & PowerPoint or to Apple Pages, Numbers, & Keynote. **NOTE:** SJSU students can utilize Microsoft Word, Excel, and PowerPoint online for free (see <https://www.sjsu.edu/it/services/collaboration/software/instructions.php>).

Library Liaison: Christa Bailey (christa.bailey@sjsu.edu) Libguide: <http://libguides.sjsu.edu/psychology>

Student Drop-in Hours

Feel free to email me at patrick.cravalho@sjsu.edu to let me know why you want to drop-in (e.g., discuss accommodations), so I can prepare for your visit.

Email Communication

Please send all email communications to patrick.cravalho@sjsu.edu and include “Psyc 190” in the subject line. **Please do not message me through Canvas.** Finally, please write separate emails for communicating different topics, rather than writing about multiple topics in one email. Following these guidelines will ensure I’m able to read and reply to your message as quickly as possible.

Checking your SJSU email regularly

If I need to contact you, but I have not received any prior email communication from another one of your email accounts, I will contact you via your sjsu.edu email address. Therefore, please regularly check your sjsu.edu email address or have it forwarded to the email that you do check regularly.

Checking Canvas regularly

I will regularly post materials, information, etc. on the following links on our Psyc 190 Canvas webpage: Announcements, Assignments, Files, and Grades. Therefore, you need to regularly check our Psyc 190 Canvas webpage (all of the links listed above are on the left side of our Psyc 190 Canvas webpage).

Classroom Protocol

Class lectures will not be broadcast or recorded on Zoom, as it is university policy (F69-24; <http://www.sjsu.edu/senate/docs/F69-24.pdf>) that students should attend all meetings of their classes. (**Note: there are no points/grades associated with class attendance or participation.**) Arrive to class on time. Arriving late disrupts other students and interferes with the continuity of the lectures and class activities. If you cannot avoid being late, please enter the class through the least noticeable door and quietly take a seat. Do not start a conversation to catch up on information you missed. Leaving early is equally disruptive. However, if you must, please leave through the least noticeable door. If you miss a class, you are responsible for contacting your instructor to inquire about the information you missed from that class. Food and drinks are permitted during class, but you must be sure that your space is clean when you leave the classroom.

Your attention is expected during class. Therefore, phones, music players, etc. are not allowed to be used during class (i.e., all devices should be put away and set to not make any noise) so that one stays focused on our class discussions. If you are using your phone or another device during class, you may be asked to put it away. If you are using your phone or another device repeatedly after being asked to put it away, you may be asked to leave. In addition, do not sleep, carry on conversations, or work on course material (including studying or reading for other classes) during class. These rules are not only so you will not distract yourself, but also so you will not distract your classmates or your instructor. Be polite and respectful to your classmates and to your instructor.

Laptops/Tablets

Starting Week 3, laptop/tablet use will be allowed in class, but restricted to note-taking. If you choose to use a laptop/tablet for note-taking, you will sit in the back third of the classroom. No connecting to the internet during class time to check email, visit social networking sites, surf the web, etc. If you are seen engaging in any other laptop/tablet activity other than note-taking, your privileges will be revoked for the remainder of the semester.

Diversity Statement

We will create a safe and diversity-sensitive learning environment that respects the rights, dignity, and welfare of all students, faculty, and staff. Diversity means the fair representation of all groups, the inclusion of minority perspectives and voices, and appreciation of different cultural and socioeconomic group practices. I aspire to foster and maintain an atmosphere that is free from discrimination, harassment, exploitation, or intimidation.

Student Athletes

If you are a student athlete, please inform me at the beginning of the semester of any team obligations. If there are any conflicts between your obligations and class participation/assignment, we may need to figure out alternative arrangements for you to participate or complete an assignment.

Course Requirements and Assignments

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities, including but not limited to internships, labs, and clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus. More details about student workload can be found in [University Policy S16-9](#).

Quizzes (covers CLO 1)

There will be twelve quizzes, worth a total of 112 points. All quizzes will be made up of multiple-choice questions and be taken through the Canvas Quizzes link. There is no comprehensive midterm or final.

Students are responsible for ensuring that they have access to reliable Wi-Fi during quizzes. If you will not have reliable Wi-Fi for a quiz, please inform the instructor at least two days before the quiz date in order for an alternative plan to be made. See the following link for current Wi-Fi options on SJSU campus: <https://www.sjsu.edu/learnanywhere/equipment/index.php>

If you have difficulties with Canvas during a quiz, *first* contact SJSU technical support for Canvas (see contact information below) and complete the quiz if possible. *Then* contact the instructor to explain your situation.

Email: ecampus@sjsu.edu **Phone:** (408) 924-2337 **Webpage:** <https://www.sjsu.edu/ecampus/support/>

Self-tests and Quiz Reviews (covers CLO 1)

A self-test will be available for each quiz (except for Quiz 0) beginning about a week before the quiz opens. Submit your self-tests as PDF uploads to the Canvas *Assignments* link. Every quiz will be reviewed during class time a few days after it was due to be completed. Note that the first quiz you will take (i.e., Quiz 0) covers material in this syllabus and the Course Overview slides on the Canvas *Files* link.

Make-up Quizzes

It is very important to stay up-to-date on the quiz due dates by following the schedule below. Each quiz will remain open for 24 hours past the due date, but if you complete a quiz during that time period then 10% will be deducted from your quiz point total. If you have a legitimate reason for missing a quiz and need to take it the day after it was due, you are permitted to make-up the quiz on that day without the 10% off penalty *only if* you email me as soon as you can to alert me that you will miss the quiz due date. You will need to let me know your reason for missing the quiz. A make-up quiz must be completed before the review for that quiz. Also, if you know ahead of time that you will have to miss a quiz due date, contact me well before the quiz is scheduled to open so we can figure out the best time for you to make up that quiz.

Facility Design (FD) Assignments (covers CLOs 2/3)

You will design a facility to serve a particular group of people you are interested in motivating. The instructions for these assignments will be discussed in detail in class and via posted announcements, and example facility designs will also be shared. There are five FD assignments that are worth a total of 70 points: 1) your **Facility Pitch (5 points)**, 2) your **Presentation Slides Draft (5 points)**, 3) your **Motivation Research Plan (10 points)**, 4) your **Final Slides & Presentation (40 points)**, and your **Peer evaluations (10 points)**. You will submit the FD assignments as PDFs uploads to the Canvas *Assignments* link, except for the peer evaluations, which will be submitted in-person during each round of presentations. I will provide you with feedback on all of these assignments except for the peer evaluations. You are NOT allowed to change the major features of your facility without consulting with your instructor.

Participation Assignments (covers CLO 2)

You will complete nine brief assignments via Canvas submission, worth a total of 18 points (2 points each). These assignments include tracking a course goal and analysis of our weekly topics.

Late Submission Policy

It is very important to stay up-to-date on the FD and Participation Assignment due dates by following the schedule below. For each day an assignment is submitted past the due date, 10% will be deducted from your grade. If you fail to turn your Facility Pitch and/or a Presentation Slides Draft within the parameters outlined in the “FD Assignments” and the “Late Submission Policy” sections of this syllabus, you will receive a zero, but still must complete the assignment in order to be eligible to turn in your Motivation Research Plan and/or Final Slides & Presentation.

Assignment Make-up Policy

If you have a legitimate reason for missing an assignment due date, you may be permitted to make up that assignment without the late submission penalty. However, you will need to contact me as early as you can to let me know your reason for missing the assignment, especially if you know you’ll need an extension ahead of the due date. Then we can figure out your timeline for making up the assignment. If you miss the assignment due to an unanticipated reason, please contact me within the first 24 hours after the assignment was due.

Extra Credit Opportunities (covers CLOs 1/2/3)

A total of ten extra credit points may be added to your final point total if you take advantage of the following opportunities. Ten points is a substantial amount (i.e., 5% of your final grade), ***but the points must be earned and are being made available to encourage effective learning habits.***

The first opportunity will be to earn three points for completely filling out (i.e., ALL concepts on the self-test are clearly addressed with text) and submitting (via Canvas) a copy of each self-test at least a day before the corresponding quiz opens. (**NOTE:** this opportunity is for Quizzes 1-11, there is no self-test for Quiz 0 on the syllabus). For example, Quiz 1 is scheduled to open on Friday (8/30), so you must turn in the Quiz 1 self-test by 11:59pm on Thursday (8/29). Submit your self-tests as PDF uploads to the Canvas *Assignments* link. You can only earn the full three points by submitting **ALL eleven self-tests** (i.e., you earn 0.25 of a point for each self-test submitted by the deadline, then an extra 0.25 of a point if you submit all eleven self-tests by their deadlines). These points are tiered if you do not submit all eleven self-tests by the deadlines (i.e., if you submit 10/11 self-tests by the deadlines, you receive 2.5 extra credit points, if you submit 9/11, you receive 2.25 points, etc.). ***This opportunity is meant to encourage you to use the self-tests to properly prepare for each quiz early rather than cramming the night before the quiz.*** IMPORTANT: an overview of how to use the self-tests will be covered by your instructor in class on Tuesday (8/27). You can also ask set up a Zoom meeting with your instructor to discuss how to best utilize the self-tests and study for our Psyc 190 course.

The second opportunity will be to earn four points for submitting the Facility Design (FD) assignments early (*excluding the Peer Evaluations for the presentations*). Specifically, you must submit each FD assignment two days early. For example, your **Facility Pitch** is due by 11:59pm on Friday (10/4), so you must turn it in before 11:59pm on Wednesday (10/2) for it to count as two days early. You can only earn the full four points by submitting the **Facility Pitch, Presentation Slides Draft, Motivation Research Plan, and Final Slides & Presentation** early (i.e., you earn a point for submitting each FD assignment early). These points are tiered if you do not complete all four FD assignments early (i.e., if you submit 3/4 FD assignments early, you receive 3 extra credit points, etc.). ***This opportunity is meant to encourage you to complete FD assignments early rather than procrastinate in completing your FD assignments.***

The final opportunity is to earn three points for submitting all of the Participation assignments by the posted deadlines. See schedule below for Participation assignment deadlines. (**NOTE:** there are no early deadlines for the Participation assignments.) You can only earn the full three points by submitting **ALL nine Participation assignments** on time (i.e., you earn a third of a point for each Participation assignment submitted on time). These points are tiered if you do not complete all nine Participation assignments on time (i.e., if you submit 8/9 on time, you receive 2.67 extra credit points, if you submit 7/9, you receive 2.34 points, etc.). ***This opportunity is meant to encourage you to complete all of your coursework and learn as much as you can.***

Grading Policy

Your grade will be based on the total amount of points (200 possible points) you receive from quizzes (112 possible points), FD assignments (70 possible points), and participation assignments (18 possible points). Below is a breakdown of the amount of points needed to earn the specified letter grades. (**NOTE:** Individual quiz and assignment totals may change over the course of the semester causing a change in the total amount of points.) All students have the right, within a reasonable time, to know their academic scores, to review their grade-dependent work, and to be provided with explanations for the determination of their course grades. See University Policy F13-1 (<http://www.sjsu.edu/senate/docs/F13-1.pdf>) for more details.

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| 200+ = A+ (100%) | 185-199 = A (~93-99%) | 179-184 = A- (~90-92%) | |
| 175-178 = B+ (~88-89%) | 165-174 = B (~83-87%) | 159-164 = B- (~80-82%) | |
| 155-158 = C+ (~78-79%) | 145-154 = C (~73-77%) | 139-144 = C- (~70-72%) | Less than 119 = F |
| 135-138 = D+ (~68-69%) | 125-134 = D (~63-67%) | 120-124 = D- (~60-62%) | (~59% or less) |

Study & Workspace Resources

SJSU has designated 21 available classrooms around the campus, for students to use for studying, attending online classes, collaborating with other students, etc. No reservations are required. The students can just go to the room, set themselves up, and start working. See the [Study Resources](#) page (find this page on the **Campus Resources tab**) on the [Learn Anywhere](#) site to find information about the study and work spaces on campus.

Links to University Policies

General Expectations, Rights and Responsibilities of the Student

Students are encouraged to familiarize themselves with SJSU's policies and practices via University Policy S90-5 (<http://www.sjsu.edu/senate/docs/S90-5.pdf>). More detailed information on a variety of related topics is also available in the SJSU catalog (<http://info.sjsu.edu/web-dbgen/narr/catalog/rec-12234.12506.html>).

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness (<http://info.sjsu.edu/static/catalog/policies.html>). Add/drop deadlines can be found on the current academic year calendars document (http://www.sjsu.edu/provost/services/academic_calendars/). The Late Drop Policy is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Information about the latest changes and news is available at the Advising Hub at <http://www.sjsu.edu/advising/>.

Consent for Recording of Class and Public Sharing of Instructor Material

University Policy S12-7, <http://www.sjsu.edu/senate/docs/S12-7.pdf>, requires students to obtain instructor's permission to record any part of the course. **Therefore, neither recording of class lectures or discussions nor distribution of course materials are allowed. Failure to follow this policy will be considered a violation of course academic integrity policy and will result in immediate expulsion from the class, a grade of F in the course, and reporting the student to the University and proper authorities for further sanctions.**

Academic integrity

The University Academic Integrity Policy S07-2 at <http://www.sjsu.edu/senate/docs/S07-2.pdf> requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development (<http://www.sjsu.edu/studentconduct/>). Depending on the severity of the conduct, you may receive a zero on the assignment or a grade of F in the course. Grade Forgiveness does not apply to courses for which the original grade was the result of a finding of academic dishonesty.

Campus Policy in Compliance with the American Disabilities Act

Presidential Directive 97-03 (http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at <http://www.sjsu.edu/aec> to establish a record of their disability.

Accommodation to Students' Religious Holidays

According to University Policy S14-7 (<http://www.sjsu.edu/senate/docs/S14-7.pdf>), SJSU shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class.

Student Technology Resources & Resources for Online Learning

Computer labs and other resources for student use are available: see links: <http://www.sjsu.edu/at/asc/> and <https://library.sjsu.edu/student-computing-services/student-computing-services>. SJSU has consolidated its online learning resources into a single website: <https://www.sjsu.edu/learnanywhere/>

SJSU Peer Connections & Writing Center

Peer Connections is a campus-wide resource for mentoring and tutoring, visit their website at <http://peerconnections.sjsu.edu> for more information. To make an appointment with the SJSU Writing Center or to refer to the online resources offered through the Writing Center, visit their website: <http://www.sjsu.edu/writingcenter>.

SJSU Counseling and Psychological Services (CAPS)

All students to come into Counseling and Psychological Services, located at the Student Wellness Center, room 300B, for any support needed, visit the CAPS website at <http://www.sjsu.edu/counseling>.

Course Schedule

We will follow the schedule below to the greatest extent possible. However, the schedule is subject to change. You will be given fair notice of any changes via Canvas announcements.

| Week | Tasks broken down by Day | Additional Tasks & Due Dates |
|---------------------------------|---|---|
| Week 1: W 8/21 – Sun 8/25 | <p><i>Wed (8/21):</i> Read Psyc 190 Syllabus (download from Canvas <i>Files</i> link) <i>Thu (8/22):</i> Attend in-person class from 10:30-11:45pm (Course Overview) <i>Fri (8/23):</i> Quiz 0 (Syllabus) opens on Canvas <u>Quizzes link at Noon</u> <i>Sat (8/24):</i> Remember to take some time to relax & do what you love! <i>Sun (8/25):</i> Take Quiz 0 (Syllabus) on Canvas <u>Quizzes link by 11:59pm</u></p> | |
| Week 2: M 8/26 – Sun 9/1 | <p><i>Mon (8/26):</i> Read any assigned articles (see corresponding Canvas Module) <i>Tue (8/27):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 0 Review & start Metacognitive Study Strategies) & 2) Begin studying with Quiz 1 Self-test <i>Wed (8/28):</i> Keep studying with Quiz 1 Self-test <i>Thu (8/29):</i> 1) Attend in-person meeting from 10:30-11:45pm (finish Metacognitive Study Strategies) & 2) Keep studying with Quiz 1 Self-test <i>Fri (8/30):</i> 1) Quiz 1 (Metacognitive Study Strategies) opens on Canvas <u>Quizzes link at Noon</u> & 2) <u>Submit Metacognitive Study Strategies Assignment</u> on Canvas <u>Assignments link by 11:59pm</u> <i>Sat (8/31):</i> Remember to take some time to relax & do what you love! <i>Sun (9/1):</i> Take Quiz 1 on Canvas <u>Quizzes link by 11:59pm</u></p> | OPTIONAL: <i>Quiz 1 Self-test due by 11:59pm on Thu (8/29)</i> , submit on Canvas <u>Assignments link</u> |
| Week 3: M 9/2 – Sun 9/8 | <p><i>Mon (9/2):</i> LABOR DAY, relax, NO assigned articles! <i>Tue (9/3):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 1 Review & Intro to Motivation) & 2) Begin studying with Quiz 2 Self-test <i>Wed (9/4):</i> Keep studying with Quiz 2 Self-test <i>Thu (9/5):</i> 1) Attend in-person meeting from 10:30-11:45pm (Self-regulation) & 2) Keep studying with Quiz 2 Self-test <i>Fri (9/6):</i> 1) Quiz 2 (Intro to Motivation & Self-regulation) opens on Canvas <u>Quizzes link at Noon</u> & 2) <u>Submit Self-regulation Assignment</u> on Canvas <u>Assignments link by 11:59pm</u> <i>Sat (9/7):</i> Remember to take some time to relax & do what you love! <i>Sun (9/8):</i> Take Quiz 2 on Canvas <u>Quizzes link by 11:59pm</u></p> | OPTIONAL: <i>Quiz 2 Self-test due by 11:59pm on Thu (9/5)</i> , submit on Canvas <u>Assignments link</u> |
| Week 4: M 9/9 – Sun 9/15 | <p><i>Mon (9/9):</i> Read any assigned articles (see corresponding Canvas Module) <i>Tue (9/10):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 2 Review & start Mindsets) & 2) Begin studying with Quiz 3 Self-test <i>Wed (9/11):</i> Keep studying with Quiz 3 Self-test <i>Thu (9/12):</i> 1) Attend in-person meeting from 10:30-11:45pm (finish Mindsets) & 2) Keep studying with Quiz 3 Self-test <i>Fri (9/13):</i> 1) Quiz 3 (Mindsets) opens on Canvas <u>Quizzes link at Noon</u> & 2) <u>Submit Mindsets Assignment</u> on Canvas <u>Assignments link by 11:59pm</u> <i>Sat (9/14):</i> Remember to take some time to relax & do what you love! <i>Sun (9/15):</i> Take Quiz 3 on Canvas <u>Quizzes link by 11:59pm</u></p> | OPTIONAL: <i>Quiz 3 Self-test due by 11:59pm on Thu (9/12)</i> , submit on Canvas <u>Assignments link</u> |
| Week 5: M 9/16 – Sun 9/22 | <p><i>Mon (9/16):</i> Read any assigned articles (see corresponding Canvas Module) <i>Tue (9/17):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 3 Review & start Attributions) & 2) Begin studying with Quiz 4 Self-test <i>Wed (9/18):</i> Keep studying with Quiz 4 Self-test <i>Thu (9/19):</i> 1) Attend in-person meeting from 10:30-11:45pm (finish Attributions) & 2) Keep studying with Quiz 4 Self-test <i>Fri (9/20):</i> 1) Quiz 4 (Attributions) opens on Canvas <u>Quizzes link at Noon</u> & 2) <u>Submit Attributions Assignment</u> on Canvas <u>Assignments link by 11:59pm</u> <i>Sat (9/21):</i> Remember to take some time to relax & do what you love! <i>Sun (9/22):</i> Take Quiz 4 on Canvas <u>Quizzes link by 11:59pm</u></p> | OPTIONAL: <i>Quiz 4 Self-test due by 11:59pm on Thu (9/19)</i> , submit on Canvas <u>Assignments link</u> |

| Week | Tasks broken down by Day | Additional Tasks & Due Dates |
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| <p><i>Week 6:</i> M 9/23 – Sun 9/29</p> | <p><i>Mon (9/23):</i> Read any assigned articles (see corresponding Canvas Module) <i>Tue (9/24):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 4 Review & Praise) & 2) Begin studying with Quiz 5 Self-test <i>Wed (9/25):</i> Keep studying with Quiz 5 Self-test <i>Thu (9/26):</i> 1) Attend in-person meeting from 10:30-11:45pm (Modeling) & 2) Keep studying with Quiz 5 Self-test <i>Fri (9/27):</i> 1) Quiz 5 (Praise & Modeling) opens on Canvas Quizzes link <u>at Noon</u> 2) Submit Praise & Modeling Assignment on Canvas <i>Assignments</i> link <u>by 11:59pm</u> <i>Sat (9/28):</i> Remember to take some time to relax & do what you love! <i>Sun (9/29):</i> Take Quiz 5 on Canvas <i>Quizzes</i> link <u>by 11:59pm</u></p> | <p>OPTIONAL: <i>Quiz 5 Self- test due by 11:59pm on Thu (9/26)</i>, submit on Canvas <i>Assignments</i> link</p> |
| <p><i>Week 7:</i> M 9/30 – Sun 10/6</p> | <p><i>Mon (9/30):</i> Read any assigned articles (see corresponding Canvas Module) <i>Tue (10/1):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 5 Review, Facility Pitch Instructions, & start Affect) & 2) Begin studying with Quiz 6 Self-test <i>Wed (10/2):</i> Keep studying with Quiz 6 Self-test <i>Thu (10/3):</i> 1) Attend in-person meeting from 10:30-11:45pm (finish Affect) & 2) Keep studying with Quiz 6 Self-test <i>Fri (10/4):</i> 1) Quiz 6 (Affect) opens on Canvas Quizzes link <u>at Noon</u> & 2) Submit Facility Pitch Assignment on Canvas <i>Assignments</i> link <u>by 11:59pm</u> <i>Sat (10/5):</i> Remember to take some time to relax & do what you love! <i>Sun (10/6):</i> Take Quiz 6 on Canvas <i>Quizzes</i> link <u>by 11:59pm</u></p> | <p>OPTIONAL: <i>Early deadline to submit Facility Pitch is 11:59pm on Wed (10/2)</i></p> <p>OPTIONAL: <i>Quiz 6 Self- test due by 11:59pm on Thu (10/3)</i>, submit on Canvas <i>Assignments</i> link</p> |
| <p><i>Week 8:</i> M 10/7 – Sun 10/13</p> | <p><i>Mon (10/7):</i> Read any assigned articles (see corresponding Canvas Module) <i>Tue (10/8):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 6 Review & start Goal Orientations) & 2) Begin studying with Quiz 7 Self-test <i>Wed (10/9):</i> Keep studying with Quiz 7 Self-test <i>Thu (10/10):</i> 1) Attend in-person meeting from 10:30-11:45pm (finish Goal Orientations) & 2) Keep studying with Quiz 7 Self-test <i>Fri (10/11):</i> 1) Quiz 7 (Goal Orientations) opens on Canvas Quizzes link <u>at Noon</u> & 2) Submit Goal Orientations Assignment on Canvas <i>Assignments</i> link <u>by 11:59pm</u> <i>Sat (10/12):</i> Remember to take some time to relax & do what you love! <i>Sun (10/13):</i> Take Quiz 7 on Canvas <i>Quizzes</i> link <u>by 11:59pm</u></p> | <p>OPTIONAL: <i>Quiz 7 Self- test due by 11:59pm on Thu (10/10)</i>, submit on Canvas <i>Assignments</i> link</p> <p>OPTIONAL: Please complete Cravalho’s Midterm Evaluation via link on Week 8 module :-)</p> |
| <p><i>Week 9:</i> M 10/14 – Sun 10/20</p> | <p><i>Mon (10/14):</i> Read any assigned articles (see corresponding Canvas Module) <i>Tue (10/15):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 7 Review & start Extrinsic/Intrinsic Motivation) & 2) Begin studying with Quiz 8 Self-test <i>Wed (10/16):</i> Keep studying with Quiz 8 Self-test <i>Thu (10/17):</i> 1) Attend in-person meeting from 10:30-11:45pm (finish Extrinsic/Intrinsic Motivation) & 2) Keep studying with Quiz 8 Self-test <i>Fri (10/18):</i> 1) Quiz 8 (Extrinsic/Intrinsic Motivation) opens on Canvas Quizzes link <u>at Noon</u> & 2) Submit Extrinsic/Intrinsic Motivation Assignment on Canvas <i>Assignments</i> link <u>by 11:59pm</u> <i>Sat (10/19):</i> Remember to take some time to relax & do what you love! <i>Sun (10/20):</i> Take Quiz 8 on Canvas <i>Quizzes</i> link <u>by 11:59pm</u></p> | <p>OPTIONAL: <i>Quiz 8 Self- test due by 11:59pm on Thu (10/17)</i>, submit on Canvas <i>Assignment</i> link</p> |

| Week | Tasks broken down by Day | Additional Tasks & Due Dates |
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| <p><i>Week 10:</i> M 10/21 – Sun 10/27</p> | <p><i>Mon (10/21):</i> Read any assigned articles (see corresponding Canvas Module) <i>Tue (10/22):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 8 Review & start Interest) & 2) Begin studying with Quiz 9 Self-test <i>Wed (10/23):</i> Keep studying with Quiz 9 Self-test <i>Thu (10/24):</i> 1) Attend in-person meeting from 10:30-11:45pm (finish Interest) & 2) Keep studying with Quiz 9 Self-test <i>Fri (10/25):</i> 1) Quiz 9 (Interest) opens on Canvas <u>Quizzes link at Noon</u> & 2) Submit Interest Assignment on Canvas <u>Assignments link by 11:59pm</u> <i>Sat (10/26):</i> Remember to take some time to relax & do what you love! <i>Sun (10/27):</i> Take Quiz 9 on Canvas <u>Quizzes link by 11:59pm</u></p> | <p>OPTIONAL: <i>Quiz 9 Self-test due by 11:59pm on Thu (10/24)</i>, submit on Canvas <u>Assignments link</u></p> |
| <p><i>Week 11:</i> M 10/28 – Sun 11/3</p> | <p><i>Mon (10/28):</i> Read any assigned articles (see corresponding Canvas Module) <i>Tue (10/29):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 9 Review & start Motivating Environments) & 2) Begin studying with Quiz 10 Self-test <i>Wed (10/30):</i> Keep studying with Quiz 10 Self-test <i>Thu (10/31):</i> 1) Attend in-person meeting from 10:30-11:45pm (finish Motivating Environments) & 2) Keep studying with Quiz 10 Self-test <i>Fri (11/1):</i> Quiz 10 (Motivating Environments) opens on Canvas <u>Quizzes link at Noon</u> <i>Sat (11/2):</i> Remember to take some time to relax & do what you love! <i>Sun (11/3):</i> Take Quiz 10 on Canvas <u>Quizzes link by 11:59pm</u></p> | <p>OPTIONAL: <i>Quiz 10 Self-test due by 11:59pm on Thu (10/31)</i>, submit on Canvas <u>Assignments link</u></p> |
| <p><i>Week 12:</i> M 11/4 – Sun 11/10</p> | <p><i>Mon (11/4):</i> Relax, NO TASKS <i>Tue (11/5):</i> Attend in-person meeting from 10:30-11:45pm (Quiz 10 Review & Presentation Slides Draft Instructions) <i>Wed (11/6):</i> <i>Feel free to complete the Presentation Slides Draft early!</i> <i>Thu (11/7):</i> Attend in-person meeting from 10:30-11:45pm (Motivational Research) <i>Fri (11/8):</i> Submit Presentation Slides Draft Assignment on Canvas <u>Assignments link by 11:59pm</u> <i>Sat (11/9):</i> Remember to take some time to relax & do what you love! <i>Sun (11/10):</i> Relax, NO TASKS</p> | <p>OPTIONAL: <i>Early deadline to submit Pres. Slides Draft is 11:59pm on Wed (11/6)</i></p> |
| <p><i>Week 13:</i> M 11/11 – Sun 11/17</p> | <p><i>Mon (11/11):</i> VETERANS DAY, relax, NO assigned articles! <i>Tue (11/12):</i> Attend in-person meeting from 10:30-11:45pm (Motivation Research Plan Instructions & start Expectancy-Value Theory) & 2) Begin studying with Quiz 11 Self-test <i>Wed (11/13):</i> Keep studying with Quiz 11 Self-test <i>Thu (11/14):</i> 1) Attend in-person meeting from 10:30-11:45pm (finish Expectancy-Value Theory) & 2) Keep studying with Quiz 11 Self-test <i>Fri (11/15):</i> Quiz 11 (Expectancy-Value Theory) opens on Canvas <u>Quizzes link at Noon</u> & 2) Submit Motivation Research Plan Assignment on Canvas <u>Assignments link by 11:59pm</u> <i>Sat (11/16):</i> Remember to take some time to relax & do what you love! <i>Sun (11/17):</i> Take Quiz 11 on Canvas <u>Quizzes link by 11:59pm</u></p> | <p>OPTIONAL: <i>Early deadline to submit Motivation Research Plan is 11:59pm on Wed (11/13)</i></p> <p>OPTIONAL: <i>Quiz 11 Self-test due by 11:59pm on Thu (11/14)</i>, submit on Canvas <u>Assignments link</u></p> |

| Week | Tasks broken down by Day | Additional Tasks & Due Dates |
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| <p><i>Week 14:</i> M 11/18 – Sun 11/24</p> | <p><i>Mon (11/18):</i> <u>Submit Final Slides Assignment (ONLY R1 presenters!) on Canvas Assignments link by 11:59pm</u> <i>Tue (11/19):</i> 1) Attend in-person meeting from 10:30-11:45pm (Quiz 11 Review & R1 Presentations) & 2) <u>Complete Peer Evaluations for R1 in person by end of meeting</u> <i>Wed (11/20):</i> <u>Submit Final Slides Assignment (ONLY R2 presenters!) on Canvas Assignments link by 11:59pm</u> <i>Thu (11/21):</i> 1) Attend in-person meeting from 10:30-11:45pm (R2 Presentations) & 2) <u>Complete Peer Evaluations for R2 in person by end of meeting</u> <i>Fri (11/22) thru Sun (11/24):</i> Relax, NO TASKS</p> | <p>OPTIONAL: <i>Early deadline to submit Final Slides for R1 presenters is 11:59pm on Sat (11/16)</i></p> <p>OPTIONAL: <i>Early deadline to submit Final Slides for R2 presenters is 11:59pm on Mon (11/18)</i></p> |
| <p><i>Week 15:</i> M 11/25 – Sun 12/1</p> | <p><i>Mon (11/25):</i> <u>Submit Final Slides Assignment (ONLY R3 presenters!) on Canvas Assignments link by 11:59pm</u> <i>Tue (11/26):</i> 1) Attend in-person meeting from 10:30-11:45pm (R3 Presentations) & 2) <u>Complete Peer Evaluations for R3 in person by end of meeting</u> <i>Wed (11/27) thru Sun (12/1):</i> THANKSGIVING BREAK Relax, NO Classes! NO Quiz, Self-test, or Assignment due! NO student drop-in hours!</p> | <p>OPTIONAL: <i>Early deadline to submit Final Slides for R3 presenters is 11:59pm on Sat (11/23)</i></p> |
| <p><i>Week 16:</i> M 12/2 – Sun 12/8</p> | <p><i>Mon (12/2):</i> <u>Submit Final Slides Assignment (ONLY R4 presenters!) on Canvas Assignments link by 11:59pm</u> <i>Tue (12/3):</i> 1) Attend in-person meeting from 10:30-11:45pm (R4 Presentations) & 2) <u>Complete Peer Evaluations for R4 in person by end of meeting</u> <i>Wed (12/4):</i> <u>Submit Final Slides Assignment (ONLY R5 presenters!) on Canvas Assignments link by 11:59pm</u> <i>Thu (12/5):</i> 1) Attend in-person meeting from 10:30-11:45pm (R5 Presentations) & 2) <u>Complete Peer Evaluations for R5 in person by end of meeting</u> <i>Fri (12/6) thru Sun (12/8):</i> Relax, NO TASKS</p> | <p>OPTIONAL: <i>Early deadline to submit Final Slides for R4 presenters is 11:59pm on Sat (11/30)</i></p> <p>OPTIONAL: <i>Early deadline to submit Final Slides for R5 presenters is 11:59pm on Mon (12/2)</i></p> |
| <p><i>Final:</i> Fri 12/13 9:45am - Noon</p> | <p><i>Mon (12/9) thru Thu (12/12):</i> <i>Feel free to complete the Self-regulation Follow-up Assignment early!</i> <i>Fri (12/13):</i> <u>Submit Self-regulation Follow-up Assignment on Canvas Assignments link by 11:59pm</u></p> | |