

# Professional Ethics for Psychologists Section 01

## PSYC 228

Fall 2023 3 Unit(s) 08/21/2023 to 12/06/2023 Modified 08/20/2023

### Contact Information

Instructor:	Jennifer Gregg, Ph.D.
Email:	Jennifer.gregg@sjsu.edu
Office Hours:	Tuesdays and Thursdays 12:30 - 1:30pm, and by appointment
Class Days/Time:	Tuesdays 9:00 – 11:45 am
Classroom:	DMH 308

### Course Description and Requisites

Consideration of ethical and legal issues related to the professional application of psychology. Designed particularly for students involved in field work.

Notes: MS program priority.

Letter Graded

### \* Classroom Protocols

This is a graduate seminar, so I expect you to be attentive in class, participate in discussions, and limit other distractions. Please place cell phones on silent mode during class and put it away completely and don't take it out during class. Please be respectful of your classmates' opinions, as this is a seminar course and we are likely to discuss topics for which students will have differing opinions. Also, if you discuss patient-related content in class, please be sure to protect that person's confidentiality. Students are asked not to share these discussions outside of class.

Attendance is expected each week. If you do not attend classes, you will miss material that will appear on the exams. If you have to miss a class, please let me know ahead of time. If you have to miss more than one class, please make an appointment with me so we can determine whether you will need to make another arrangement (i.e., take the class at another time) in order to make sure you don't miss important ethics information in your training.

Please reach out to me if you have any concerns during the course of the semester. I am happy to meet outside of office hours to discuss any questions about course content or other questions about the program.

## Program Information

---

**Program learning outcomes (PLOs)** are skills and knowledge that students will have achieved upon completion of the MS in Clinical and Mental Health Counseling (CMHC) degree. Each course in our curriculum contributes to one or more of these PLOs. The PLOs for the degree are:

1. Interventions and evidence-based applications
  - 1.1 Students will demonstrate breadth of knowledge of a variety of psychotherapy theories and in-depth knowledge of one chosen theory of intervention
  - 1.2 Students will demonstrate knowledge of empirically supported clinical interventions and evidence ability to select treatments for individual clients given this literature
2. Communication and Case presentation
  - 2.1 Students will demonstrate effective integration and communication of clinical case material
  - 2.2 Students will demonstrate the ability to synthesize contextual and cultural variables into presentations of client materials
  - 2.3 Students will effectively respond to queries about clinical material and engage in discussions about their clients with supervisors and peers
  - 2.4 Students will be able to think and discuss cases other than their own, applying theories, principles, and relevant empirical findings to those cases
3. Competent Assessment and Evaluation
  - 3.1 Students will demonstrate understanding of different assessment devices and strategies for assessing client outcome over the course of treatment including standardized nomothetic and idiographic approaches
4. Professional clinical practice
  - 4.1 Students will demonstrate depth and breadth of understanding in areas including, but not limited to, psychotherapy theory, service delivery, ethics, assessment, research methods, family therapy, cultural diversity, psychopharmacology, and issues relevant to adult and child clinical populations. Students will be able to apply this knowledge to clinical cases
5. Preparation and meeting professional licensing requirements
  - 5.1 Students will demonstrate fulfillment of coursework and other pre-degree licensing requirements outlined by the Board of Behavioral Sciences

## Course Learning Outcomes (CLOs)

---

Upon successful completion of this course, students will be able to:

CLO1: Be able to cite the relevant code of ethics for practicing mental health professionals, including identification of specific codes.

CLO 2: Identify common ethical and legal dilemmas faced by mental health professionals.

CLO 3: Develop an approach to ethical decision-making that reflects knowledge of relevant ethics codes and state regulations, and incorporation of client and therapist perspectives.

CLO 4: Identify resources for staying current on ethical guidelines.

CLO 5: Identify the requirements for the ethical practice of psychotherapy including confidentiality, record-keeping, fees and finances, insurance and managed care, continuing education, reporting requirements, dual or multiple role relationships, scope of practice, research and publication, assessment, requirements for licensure, supervision, sanctions, and other specific issues.

## Licensure Learning Outcomes (LLO)

Licensing requirements for academic coursework toward the MFT and/or LPCC will be met for this course in the following way:

- LLO1: For the LPCC requirements, this course is designed to fulfill category (I): Professional orientation, ethics, and law in counseling, including California law and professional ethics for professional clinical counselors, professional ethical standards and legal considerations, licensing law and process, regulatory laws that delineate the profession's scope of practice, counselor-client privilege, confidentiality, the client dangerous to self or others, treatment of minors with or without parental consent, relationship between practitioner's sense of self and human values, functions and relationships with other human service providers, strategies for collaboration, and advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients.
- This course will also cover aspects of the additional LPCC requirements of: (1) Spousal or partner abuse assessment, detection, intervention strategies, and same-gender abuse dynamics, and (2) (9) Child abuse assessment and reporting.
- LLO2: For the MFT requirements, this course includes instruction in California law and professional ethics for marriage and family therapists, including instruction in all of the following areas of study (as specified in BPC Section 4980.36(d)(2)(J)):
  - (i) Contemporary professional ethics and statutory, regulatory, and decisional laws that delineate the scope of practice of marriage and family therapy.
  - (ii) The therapeutic, clinical, and practical considerations involved in the legal and ethical practice of marriage and family therapy, including, but not limited to, family law.
  - (iii) The current legal patterns and trends in the mental health professions.
  - (iv) The psychotherapist-patient privilege, confidentiality, the patient dangerous to self or others, and the treatment of minors with and without parental consent.
  - (v) A recognition and exploration of the relationship between a practitioner's sense of self and human values and his or her professional behavior and ethics.
  - (vi) Differences in legal and ethical standards for different types of work settings.
  - (vii) Licensing law and licensing process.
- LLO3: For the LPCC & MFT requirement set by the BBS in AB1436, this course partially meets the requirement of completing at least 6 hours of coursework or supervised experience in suicide risk assessment and intervention. This requirement is satisfied across the courses in assessment, child psychopathology, ethics, and crisis and trauma intervention.

## Course Materials

---

### Required Texts/Readings

#### Required Textbook (must be the 10th edition!):

Caldwell, B. E. (2023). *Basics of California Law for LMFTs, LPCCs, and LCSWs (10th ed.)*. Los Angeles: Ben Caldwell Labs.

ISBN: 979-8-9864668-2-8

Available in paperback or PDF: <https://bencaldwelllabs.com/collections/books>

## Optional Textbook:

Johnson, W. B., & Koocher, G. P. (2011). *Ethical Conundrums, Quandaries and Predicaments in Mental Health Practice: A Casebook From the Files of Experts*. New York: Oxford. ISBN: 9780195385298

This book is optional because we aren't reading all of the chapters and I will post the relevant chapters on Canvas.

## Other Resources, Also Available on Canvas

1) *The California Code of Ethics for Marriage and Family Therapists*

Available here:

[https://www.camft.org/Portals/0/PDFs/CAMFT\\_Code\\_of\\_Ethics.pdf](https://www.camft.org/Portals/0/PDFs/CAMFT_Code_of_Ethics.pdf)

2) *2014 American Counseling Association (ACA) Code of Ethics*

Available here:

<https://www.counseling.org/resources/aca-code-of-ethics.pdf>

This document is relevant to you if you're interested in pursuing the LPCC license. We will discuss both the ACA and CAMFT ethics codes in class but will primarily focus on the CAMFT codes.

3) *Statutes and Regulations Relating to the Practice of: Professional Clinical Counseling, Marriage and Family Therapy, Educational Psychology, and Clinical Social Work.*

Available from the Board of Behavioral Sciences website: <http://www.bbs.ca.gov/pdf/publications/lawsregs.pdf>

We will not read the CA regulations in class. It is a very dense document and it will be helpful when studying for the ethics/legal portion of your licensing exams. In class we will likely discuss instances when CA regulations and CAMFT/ACA principles supplement each other or when one takes precedence over the other.

## Course Requirements and Assignments

---

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course-related activities, including but not limited to internships, labs, and clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

For all the assignments below, please note that my policy is that all late work will incur a 10% penalty per day late.

This class has a total of 305 points:

Assessment Items, Their Value, and Connection to Learning Outcomes				
	How Many?	% of Final Grade	Points	Relevant CLOs
Case Study Quizzes	12	120/270=45%	120 total (10 each)	CLOs 1-3, and 5
Discussion Questions	12	60/270=22%	60 total (5 each)	CLO 3 and 5
Exams	2	90/270=33%	90 total (45 each)	CLOs 1-5

1. 12 Case Study Quizzes = 10 points each

Each week you will take a short quiz that involves responding to a vignette. The vignette will include ethical issues that are relevant to the reading for that class period. You will be asked to read the vignette, identify the relevant ethical issues, and write a short response to how you would handle the ethical situation. There are no make-ups for missed quizzes.

1. 12 Discussion Questions = 5 points each

Each week you will be expected to turn in three discussion points or questions related to the reading. These will be turned in via upload or text box on Canvas and will be due Sunday night to give me time to review/incorporate them on Monday. The questions should either ask clarification on something you are confused about or pose a question to the class for an issue where you would like to hear other opinions. Your grade will be based on evidence of reading and integrating the material.

1. 2 Exams (midterm and final) = 45 points each

The two exams in this course will include three vignettes worth 15 points each. The vignettes will require you to integrate information from class readings, the CAMFT code, and class discussions. You will have the full class period (2 hours and 45 minutes) to complete each exam.

## Final Examination or Evaluation

The final examination will be the second exam, which is not cumulative. The final exam will count the same as any other exam. It will be given in class during the final exam time set by the university.

## ✓ Grading Information

Your final letter grade will be based on a percentage obtained by dividing your points by the total points for this course (270 points). I will use the following grading rubric:

A+ = 97.0-100%	A = 93.0-96.9%	A- = 90.0-92.9%
B+ = 87.0-89.9%	B = 83.0-86.9%	B- = 80.0-82.9%
C+ = 77.0-79.9%	C = 73.0-76.9%	C- = 70.0-72.9%
D+ = 67.0-69.9%	D = 63.0-66.9%	D- = 60.0-62.9%
F = 59.9% or less Unsatisfactory		

## University Policies

Per [University Policy S16-9 \(PDF\)](http://www.sjsu.edu/senate/docs/S16-9.pdf) (<http://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on the [Syllabus Information](https://www.sjsu.edu/curriculum/courses/syllabus-info.php) (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>) web page. Make sure to visit this page to review and be aware of these university policies and resources.

## Course Schedule

Note: Schedule is subject to change with fair notice – if changed, I will announce it in class and via email.

All discussion questions are due via Canvas upload by Sunday at 11:59pm so that I can review them prior to class.

Week	Date	Topic	Readings/Codes/Laws	Assignments
1	8/22/23	Introduction, Syllabus Review, Q&A  Law & Ethics Pretest		
2	8/29/23	Overview: Identifying/appreciating the complexity of ethical issues in practice  Ethical Decision Making; Enforcement (BBS);  Competence and Professional Conduct	MFT and ACA codes (read through)  Caldwell Ch. 1 and 3  J & K Ch. 2  CAMFT Codes:  5.11, 5.4, 5.5, 5.6, 5.7, 5.14, 5.15	Case Study Quiz 1  Discussion Questions 1
3	9/5/23	Confidentiality  Breaking confidentiality  Mandated reporting	Caldwell Ch. 4;  J&K Ch. 16, 32, 8  CAMFT Codes:  2.1 - 2.7	Case Study Quiz 2  Discussion Questions 2
4	9/12/23	Informed Consent  Abuse Reporting	Caldwell Ch. 6 and 7  J&K Ch. 7, 27  CAMFT Codes:  3.1, 3.3, 3.5, 3.7, 3.9, 3.11	Case Study Quiz 3  Discussion Questions 3
5	9/19/23	Privacy/Confidentiality  Records/Documentation	Caldwell Ch. 5;  J&K Ch. 12,  CAMFT Codes:  2.3, 3.12, 5.3	Case Study Quiz 4  Discussion Questions 4
6	9/26/23	Multiple Roles Part I: Definitions, Friendships, Boundaries	J&K Ch. 1, 14, 20, 38  CAMFT Codes:  4.1, 4.2, 4.3, 4.4, 4.7, 4.8, 5.8, 12.5	Case Study Quiz 5  Discussion Questions 5
7	10/3/23	Multiple Roles Part II: Attraction and Romance	J&K Ch. 19, 36  CAMFT Codes:  4.5, 4.6	Case Study Quiz 6  Discussion Questions 6

8	10/10/23	<b>Midterm</b>		
9	10/17/23	<p>Values</p> <p>Advocacy, Diversity, Equity, and Inclusion</p>	<p>Hoop et al. (2008) article on Canvas; Cultural Formulation Interview</p> <p>J&amp;K Ch. 3, 35, 21, 29</p> <p>CAMFT Codes: 1.1 - 1.10, 3.2, 5.7, 5.9</p>	<p>Case Study Quiz 7</p> <p>Discussion Questions 7</p>
10	10/24/23	Practice Law and Ethics Exam		
11	10/31/23	<p>Relationships with Colleagues;</p> <p>Professionalism</p>	<p>J&amp;K Ch. 33</p> <p>CAMFT Codes: 8.1, 8.2, 8.3, 8.4, 5.12</p>	<p>Case Study Quiz 8</p> <p>Discussion Questions 8</p>
12	11/7/23	Technology & Telehealth	<p>Caldwell Ch. 9</p> <p>J &amp; K 17</p> <p>CAMFT Codes: 6.1 - 6.4</p>	<p>Case Study Quiz 9</p> <p>Discussion Questions 9</p>
13	11/14/23	Assessment & Advocacy & Legal issues	<p>Caldwell Ch. 10;</p> <p>J&amp;K Ch. 26</p> <p>CAMFT Codes: 10.1, 10.2, 10.4, 10.7, 9.6</p>	<p>Case Study Quiz 10</p> <p>Discussion Questions 10</p>
14	11/21/23	<p>Supervision</p> <p>Ethics in Other Work Settings</p>	<p>Caldwell Ch. 2;</p> <p>J&amp;K Ch. 34</p> <p>CAMFT Codes: 7.1 - 7.18</p>	<p>Case Study Quiz 11</p> <p>Discussion Questions 11</p>
15	11/28/23	Business and Marketing	<p>Caldwell Ch. 8; CAMFT Articles on Advertising</p> <p>CAMFT Codes: 1.5, 1.7, 1.8, 5.2, 5.13, 9.5, 12.1, 12.2, 12.3, 12.4, 12.6, 12.7, 13.1 - 13.9</p>	<p>Case Study Quiz 12</p> <p>Discussion Questions 12</p>



16	12/5/23	Final Practice Test		
	Thursday 12/14	Final Exam	7:15 - 9:30am	