

Spartan Accelerated Graduate Education (SAGE) Program

Roadmap¹

Combined Program: Nutritional Science With Food Management

Total Units to Degree: 144 units Academic Year: 2025-2026

150 minimum units²

BA Requirements – Blue		Graduate Courses taken @ UGRD level - Green		Masters only Requirements – Orange			
Fall Semester Year 1				Spring Semester Year 1			
Course		Units		Course		Units	
Chem 30A Intro to Chem - 5A/5C		4		Chem 30B Intro Chem		3	
Eng 1A First Year Writing - 1A		3		NuFS 20 Sanitation & Envir Issues		2	
Oral Comm - 1C		3		NuFS 8 Nutr.For Hlth Profession		3	
NuFS 10 Basic Life Skills		3		NuFS 40 Debunk Nutr Misinf (1B)		3	
NuFS 31 Profess in NuFS/Pkg		1		Stat 95 or HS 67 Statistic (2)		3	
Physical Education		1		Physical Education		1	
Total Units		15		Total Units		15	
Fall Semester Year 2 [Take the WST*]				Spring Semester Year 2			
Course		Units		Course		Units	
Major Elective		3		Biol 66 Physiology (5B+5C)		5	
Psyc 1 Intro to Psych (4)		3		Major Elective		2	
General Education (A6)		3		General Education (4, US123)		3	
General Education (3A or 3B)		3		General Education (3B)		3	
General Education (4, US123)		3		NuFS 21 Culinary Prin & Practice		3	
Total Units		15		Total Units		16	
Fall Semester Year 3				Spring Semester Year 3 Four-year or transfer student applies to BS + MS program.			
Course		Units		Course		Units	
NuFS 101A Food Science		4		NuFS 103 Food Processsing & Pkg I		2	
NuFS 106A ¹ Human Nutr Life Span		3		NuFS 104A Cult. Aspects of Food		3	
NuFS 22 Catering & Beverage Management		3		Major Elective		3	
NuFS 100W Writing Workshop (WID)		3		NuFS 111 Foodserv Prod Mgmt		3	
Pkg 107 Packaging		3		NuFS 106B Research Methodology		3	
				NuFS 151 Food Microbiology		2	
Total Units		16		Total Units		16	
Fall Semester Year 4 Student admitted to BS + MS program.				Spring Semester Year 4			
Course		Units		Course		Units	
NuFS 25 Internship in Fdsvc Mgmt		2		NuFS 113 Fdserv Sys: Mgmt & Proc		3	
Bus 20N Survey of Acctg		3		NuFS 192 Field Experience		2	
NuFS 114A Community Nutrition		3		NuFS 139 ² Hunger & Env. Nutr (GE UD 2/5) or NuFS 144 Food Culture (GE UD 3)		3	
NuFS 134 Comp Alt Health (GE UD 4)		3		NuFS 190 Nutrition Education		3	
NuFS 139 ² Hunger & Env. Nutr (GE UD 2/5) or NuFS 144 Food Culture (GE UD 3)		3		NuFS 295 Research Methodology		3	
NUFS 201 Colloquium in NUFS		3		Major Elective		2	
Total Units		17		Total Units		16	
Fall Semester Year 5 BS degree posted.				Spring Semester Year 5			
Course		Units		Course		Units	
NuFS 217 Issues in Nutr, FS & Pkg		3		NuFS 257 Biostatistics		3	
MS Electives		6		MS Electives		3	
				NuFS 298 MS Project		3	
Total Units		9		Total Units		9	

¹Reference CSU Coded Memorandum [AA-2012-01](#), University Policy [F19-1](#), [DRAFT SAGE Scholars Application](#) (to be developed as an online application). The roadmap must include at least one semester in which students enroll in a combination of undergraduate and graduate courses.

²The CSU is considering a proposal to allow 9-12 units of double counting between the baccalaureate and master's degree. Expecting an approved policy to allow for this by March 2021. Please provide 150-unit minimum roadmap, indicating which courses you might consider for double counting.