

**San José State University**  
**Fall 2024 Kin48A Beginning Latin Social**  
College of Health and Human Sciences  
Department of Kinesiology

## Contact Information

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Office Hours: By appt only

Class Meetings & location:  
TTH 8:30 -9:20 SPX 178

## Course Description

This course is focused on the development of fundamental Latin dance skills and knowledge. Dances will be selected from the International Latin, American Rhythm (e.g. Rumba, Cha Cha) and night club (e.g. Salsa) dance categories.

Course materials may be found on the e-campus [Canvas learning management system](http://www.sjsu.edu/at/ec/canvas/) at <http://www.sjsu.edu/at/ec/canvas/>. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.

## Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skill tests, and written exams,

- Knowledge of fundamental skills, technique of Ballroom Rhythm dances
- Proficiency in execution of the skills covered.
- An understanding of the history, rules, strategies, current research, safety and etiquette associated with Social dancing
- An understanding of the mental and physical health benefits to be derived from social dancing

## Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the Merengue, Bachata, American Rumba, Salsa and Cha Cha
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

## Text/Readings

## Class Handouts and or selected links

### Course Notes:

- Class protocol: Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be respectful at all times.
- Clothing: All clothing must allow for total freedom of movement. No tight skirts, mules, sandals, platforms or bare feet for the women. No baseball caps, “sagging” pants for the men.
- Hygiene: Please shower or wear deodorant and have breath mints.
- Recording class: Instruction may be recorded at the end of class. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor’s intellectual property and cannot be shared or uploaded in any form publicly without the instructor’s approval.

## Course Requirements, Assignments, and Grading

Tests: 2 Physical Tests. Perform a routine with a partner of your choosing based on what you were shown in class, or lessons taken elsewhere. Performance must be a minimum of one minute and a maximum of 1 ½ minutes. Midterm dances will be between Merengue, Bachata or American Rumba. Finals will be between Salsa or Cha cha. Perfect score is 35

- Skills Test - Demonstrate understanding of patterns shown in class
- 3 Total quizzes/assignments. Each quiz/assignment is worth 10 points. EACH QUIZ MISSED WILL RESULT IN A FULL GRADE DROP.

### Assignments/Projects:

- Quizzes: 10 Questions or  
Assignment: Field trip

## Grading

Quiz equals a total of 10 points. 1pt for each correct answer

- Field trips (not mandatory but alternative) Automatic 10 points
- Test. Points deducted for appearance, poor timing, poor demonstration.
- 2 point Penalty for each unexcused absence over 5

Grading Plan - [Sample below.](#)

35% Skills Test 1  
35% Skills Test 1  
10% Quiz or Field trip  
10% Quiz or Field trip  
10% Quiz or Field trip

## Grading Scale

**Grading Scale used to determine final course grade.**

A+ 98-100%	A 93-97%	A- 90-92%
B+ 88-89%	B 83-87%	B- 80-82%
C+ 78-79%	C 73-77%	C- 70-72%
D+ 68-69%	D 63-67%	D- 60-62%
F < 60%		

## Campus Resources

Per University Policy S16-9 (<http://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on the Syllabus Information web page (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>). Make sure to visit this page to review and be aware of these university policies and resources.

## SJSU Technical Support:

Email: [itservicedesk@sjsu.edu](mailto:itservicedesk@sjsu.edu)

Phone: (408) 924-1530

Web: <https://www.sjsu.edu/it/support/service-desk/index.php>

Week		Course Content (Assignments, Exams/Quizzes, ...)
1	8/22	1)Intro, 2) Merengue Basic, Separation, Head loops
2	8/27 8/29	3)Merengue, Ladies right turns, Cuddle 4)Merengue roller Coaster
3	9/3 9/5	5)Bachata Basic and Spins 6) Bachata turns right and left

<b>Week</b>		<b>Course Content (Assignments, Exams/Quizzes, ...)</b>
4	9/10 9/12	7) Bachata Left and Right turns 8) Bachata variations
5	9/17 9/19	9) Rumba Rotating Basic, Cross Box lead 10) Rumba Parallel, Crossover and cross box lead
6	9/24 9/26	11) Rumba Reverse cross over and cross body lead, Rock step ending 12) 2 <sup>nd</sup> Position breaks, 5 <sup>th</sup> position Breaks
7	10/1 10/3	13) Rumba Lady's 6 count walking turn Practice
8	10/8 10/10	Practice day Midterms Oct 10
9	10/15 10/17	Midterms 16) Salsa Basic Plus Warm Ups Alternating turns
10	10/22 10/24	17) Salsa Head loops, Lady's U/A spot turn right 18) Salsa Lady's U/A turn right Spot Turns (continued) 19) Salsa, Copa, Lady's Left Inside turn
11	10/29 10/31	19) Salsa, Copa, Lady's Left Inside turn 20) Salsa Review
12	11/5 11/7	21) Cha Cha Basics and Warm up 22) Cha Cha Parallel Breaks, Crossover breaks
13	11/12 11/14	23) Cha cha Cross over break , 24) Cha Cha Cross body lead, reverse cross overs
14	11/19 11/21	25) Cha Cha Chases 26) Cha Cha Change of places
15	11/26 11/28	27) Cha Cha Cha Shadow Sweetheart Thanksgiving Break
16	12/3 12/5	28) Cha Cha Cha Review Practice day
Finals	12/11- 12/18	All Homework due