

San José State University

Kinesiology

KIN46A – Danc 46A Beg Social Dance Sec. 01-04, Fall 2024

Course and Contact Information

Instructor(s):	Albert “Bud” Ayers
Location:	SPX 178
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Office Hours:	By Appt. Only

Class Days/Time:

46A-05 MW 10:30...46A-02 MW 11:30 46A-03 TTH 8:30
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Prerequisites:	None required
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Course Description

KIN 46A/Danc 46A - Beginning Social Dance

1 unit(s)

This course is focused on the development of fundamental social dance skills and knowledge. Dances will be selected from the American Smooth (e.g. Waltz, Tango), American Rhythm (e.g. Rumba, Cha Cha) and night club (e.g. Hustle, West Coast Swing) dance categories.

Satisfies PE: Physical Education..

Course Format

Faculty Web Page and MYSJSU Messaging

All required reading material will be sent via email and or canvas under announcements

This course is an intro to social dancing with the goal that the students are able to identify basic beginner dance patterns of the dances taught. They should be able to count speed of music as well as identify what style of dance to the different types of music.

Upon successful completion of this GE course, students will be able to:

1. *Identify Types of dances*
2. *Be able to perform basic movement of each dance*

Other Readings

Class Handouts.

“Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities, including but not limited to internships, labs, and clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus.”

Final Examination or Evaluation

Students are to perform a minimum of 1 minute to a maximum of 1 minute 30 seconds, one of the two styles of dances taught per half semester. They may use what was taught in class or any other classes they take outside of SJSU but must be of the same style of dance. They will be graded on timing and pattern knowledge. Additional points can be earned for creative content.

Grading Information

There will be a total of three homework assignments, each one worth a total of 10 points.

Each final will be worth 35 points. Deductions are made for incorrect timing, incorrect music and poor performance.

3 homework x10 points = 30 points

2 tests x 35 points = 70 Points

Equals 100 poin

- *University Syllabus Policy S16-9* (<http://www.sjsu.edu/senate/docs/S16-9.pdf>)
- *University Attendance and Participation Policy F15-12* (<http://www.sjsu.edu/senate/docs/F15-12.pdf>)
- *University Grading System Policy F18-5* (<http://www.sjsu.edu/senate/docs/F18-5.pdf>)

Determination of Grades

Quiz equals a total of 10 points. 1pt for each correct answer

- Field trips (not mandatory but alternative) Automatic 10 points
- Test. Points deducted for appearance, poor timing, poor demonstration.
- 2 point Penalty for each unexcused absence over 5

<i>Grade</i>	<i>Points</i>	<i>Percentage</i>
A plus	96 to 100	96 to 100%
A	93 to 95	93 to 95%
A minus	90 to 92	90 to 92%
B plus	86 to 89	86 to 89 %
B	83 to 85	83 to 85%
B minus	80 to 82	80 to 82%
C plus	76 to 79	76 to 79%
C	73 to 75	73 to 75%
C minus	70 to 72	70 to 72%
D plus	66 to 69	66 to 69%
D	63 to 65	63 to 65%
D minus	60 to 62	60 to 62%

Grading Information for GE/100W

- **For Basic Skills** (A1, A2, A3, B4) include the following statement:

“This course must be passed with a C- or better as a CSU graduation requirement.”

- **For 100W (Area Z)** courses, include the following statement:

“This course must be passed with a C or better as an SJSU graduation requirement.”

- **For upper division GE courses (R, S, V)** include the following paragraph:

“Passage of the Writing Skills Test (WST) or ENGL/LLD 100A with a C or better (C- not accepted), and completion of Core General Education are prerequisite to all SJSU Studies courses. Completion of, or co-registration in, 100W is strongly recommended. A minimum aggregate GPA of 2.0 in GE Areas R, S, & V shall be required of all students.”

Classroom Protocol

Music will be playing in the first 5 minutes of class. You are to review what you learned in the previous class in that time period. This is the best time to ask questions regarding previous patterns taught.

Find your attendance card and drop in file box. Wear comfortable clothing that allows total freedom of movement. No Flip Flops or open toes foot wear. Barefoot not allowed.

Put cell phones on vibrate. Recordings with permission only.

University Policies

Per [University Policy S16-9](http://www.sjsu.edu/senate/docs/S16-9.pdf) (<http://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on [Syllabus Information web page](https://www.sjsu.edu/curriculum/courses/syllabus-info.php) (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>). Make sure to visit this page to review and be aware of these university policies and resources.

Additional Information

Midterms and Finals are worth 35 points each

10 points for each quiz plus 35 points per test = 100 points for the semester

Additional homework for extra credit will be awarded 5 points each

KIN 46A Beg. Social Dance Sec. 02-05 Fall 2024

Schedule is subject to change with fair notice, Changes will be announced via email

Course Schedule

Week/Lesson/Module	Date	Topics, Readings, Assignments, Deadlines	Learning Outcomes
	Week of		
1	Aug 19	1) Class intro	
		2) Hustle.....Basic Alternating Turns	
2	Week of Aug 26	3)Waltz.....Rotating Basic, Hesitation	
		4)Hustle...Cuddle, Inside Outside turn combinations part 1	
3	Week of Sept 2	5)Waltz.....6 count walking Turn, Side by Side Change Steps	
		6) Hustle.....Inside, Outside combinations part 2	
4	Week of Sept 9	7) WaltzLady's U/A Spin left, Change steps	

Week/Lesson/Module	Date	Topics, Readings, Assignments, Deadlines	Learning Outcomes
5	Week of Sept 16	8)Hustle.....Leader's Left Turns (9) 9) Waltz.....Rotating Right Box, Open Break Lady's U/A Pivot turn Right	
6	Week of Sept 23	10)Hustle.....Leaders Left Turn, Leaders Right Turn 11)WaltzEnding and Variations	
7	Week of Sept 30	12)Hustle.....Closed, Left Rotating Basic	
8	Week of Oct 7	13) In Class Practice 14) Midterms part 1	
9	Week of Oct 14	At least one home work assignment completed 15) Midterms part 2 16) Tango.....Basic, Corte, Tango Rocks	
10	Week of Oct 21	17) Cha Cha ... Basic and warm up 18) Tango.....Promenade, Right side fan 19) Cha Cha..... Parallel, Cross over breaks, Cross body lead	
11	Week of Oct 28	Easter Break 22) Tango.....Promenade, Right side fan	
12	Week of Nov 4	23) Cha Cha..... Parallel, Cross over breaks, Cross body lead 22) Tango.....Promenade, Right side fan	
13	Week of Nov 11	23) Cha Cha..... Parallel, Cross over breaks, Cross body lead	
14	Week of Nov 18	24) Tango.....Rotating Rocks, Flare Promenade 25) Cha Cha.....Change of Places	
15	Week of Nov 25	26) Tango..... Open Left Box right turn, Right Turn	

Week/Lesson/Module	Date	Topics, Readings, Assignments, Deadlines	Learning Outcomes
16	Week of Dec 2	27) Cha Cha... Traveling shadows Tango..... Ending and Variations Cha Cha... Endings and Variations	
17	Week of Dec 9	Review LDOC Practice	
Finals Week	Dec 9 to	Thursday, Friday, Mon, Tuesday	