

San José State University

CHHS/Kinesiology

KIN 45 A, Beginning Swing Dance, Fall 2024

Course and Contact Information

Instructor:	Bud Ayers
Email:	Albert.Ayersjr@sjsu.edu
Office Hours:	by appointment at 408-807-2749 (text first)
Class Days/Time:	MW 12:30 – 1:20 pm
Classroom:	SPX 178

Course Description

BEGINNING LINDY HOP AND NIGHT CLUB SWING: This course is focused on the development of fundamental Swing dance skills and knowledge. Steps, technique, and styling will be drawn from Lindy Hop, Jitterbug, Street Swing, West Coast and Triple-Time Swing dances.

Course Format

Course materials such as syllabus, handouts, notes, assignment instructions, etc. can be found on my faculty web page at <http://www.sjsu.edu/people/firstname.lastname> and/or on [Canvas Learning Management System course login website](#) at <http://sjsu.instructure.com>. You are responsible for regularly checking with the messaging system through [MySJSU](#) at <http://my.sjsu.edu> (or other communication system as indicated by the instructor) to learn of any updates.

Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skill tests, and written exams, students shall develop:

1. Knowledge of fundamental skills, technique of Swing dancing
2. Proficiency in execution of the skills covered.
3. An understanding of the history, rules, strategies, current research, safety and etiquette associated with swing dancing.
4. An understanding of the mental and physical health benefits to be derived from swing dancing.

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

1. Demonstrate proficiency in the execution of the motor/sport skills appropriate to the Street, East Coast, Lindy, and West Coast Swing
2. Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
3. Identify and/or explain the benefits of physical activity as related to physical and mental health.

Required Text/Readings

Class Handouts and or selected links

Class Protocol

- Students are expected to arrive on time and participate fully in all activities throughout the class period. Turn cell phone off and put away for the duration of the class. Interactions with classmates and the instructor are expected to be always respectful.
- Clothing: All clothing must allow for total freedom of movement. No tight skirts, mules, scandals, platforms, or bare feet for women. No baseball caps, “sagging” pants for men.
- Hygiene: Please shower or wear deodorant and have breath mints.
- Recording class: Instruction may be recorded at the end of class. If classmates, ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
- Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor’s intellectual property and cannot be shared or uploaded in any form publicly without the instructor’s approval.
- Other topics:
 - Places to practice: The event center
 - Course grades will not be posted on Canvas by the end of finals week.
 - Students may make up homework or Midterms only.
 - Written Exam cannot be made up.
 - Drop requests will not be accepted after the SJSU drop deadline.

Course Requirements and Assignments

35 pts: Skills Test 1 Perform a minute to a minute and a half routine of patterns learned

35 pts: Skills Test 2 Same requirement different dance

10 pts: Assignment: See assignment description below for all three assignments

10 pts: Assignment

10 pts: Assignment

Grading Scale used to determine letter grade for each component above.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

Tests: Tests will be based on a performance of each dance in front of class using either teacher's choreography or patterns suited for the dance learned in other classes. Presentation is to no more than 1 ½ and no less than 1 minute. Each student is required to find their own partner.

Assignments/Projects: *you can earn assignment credits in three ways*

- Identify and break down music as to type of dance and tempo using youtube
- 3 Written exams (10 questions) 1 point for each correct answer or
- Attend 3 social dance class outside of San Jose State

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course. This would include preparing for class, participating in course activities, and completing assignments/projects. Generally this will amount to 1 hour a week outside of class.

University Policies

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's Catalog in the [policies sectionLinks to an external site.](http://info.sjsu.edu/static/catalog/policies.html) at [http://info.sjsu.edu/static/catalog/policies.htmlLinks to an external site.](http://info.sjsu.edu/static/catalog/policies.html). Add/drop deadlines can be found on the current [academic year calendarsLinks to an external site.](#) document at [http://www.sjsu.edu/provost/services/academic_calendars/Links to an external site.](http://www.sjsu.edu/provost/services/academic_calendars/). The [late drop policyLinks to an external site.](#) is available at [http://www.sjsu.edu/aars/policies/latedrops/policy/Links to an external site.](http://www.sjsu.edu/aars/policies/latedrops/policy/). Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising HubLinks to an external site.](http://www.sjsu.edu/advising/) at [http://www.sjsu.edu/advising/Links to an external site.](http://www.sjsu.edu/advising/).

Academic integrity

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University's [Academic Integrity policyLinks to an external site.](http://www.sjsu.edu/senate/S07-2.html) at [http://www.sjsu.edu/senate/S07-2.htmlLinks to an external site.](http://www.sjsu.edu/senate/S07-2.html), requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical DevelopmentLinks to an external site.](http://www.sjsu.edu/studentconduct/) website at [http://www.sjsu.edu/studentconduct/Links to an external site.](http://www.sjsu.edu/studentconduct/).

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's [Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm) [Links to an external site.](http://www.sjsu.edu/senate/S07-2.htm) at <http://www.sjsu.edu/senate/S07-2.htm> [Links to an external site.](http://www.sjsu.edu/senate/S07-2.htm) requires approval of instructors.

Note: Outings/assignments completed for another class cannot be counted for this course.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) [Links to an external site.](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf [Links to an external site.](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) requires that students with disabilities requesting accommodations must register with the [Accessible Education Center](http://www.sjsu.edu/aec/) [Links to an external site.](http://www.sjsu.edu/aec/) (AEC) at <http://www.sjsu.edu/aec/> [Links to an external site.](http://www.sjsu.edu/aec/) to establish a record of their disability.

Accommodation to Students' Religious Holidays

San José State University shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class. It is the responsibility of the student to inform the instructor, in writing, about such holidays before the add deadline at the start of each semester. If such holidays occur before the add deadline, the student must notify the instructor, in writing, at least three days before the date that he/she will be absent. It is the responsibility of the instructor to make every reasonable effort to honor the student request without penalty, and of the student to make up the work missed. See University Policy S14-7 at <http://www.sjsu.edu/senate/docs/S14-7.pdf>.

Course Calendar (subject to change with fair notice by announcement in class and/or email)

Week		Course Content (Assignments, Exams/Quizzes, ...)
1	Aug 21,	Intro to class
2	Aug 26/28	Street Swing Basic, Rotating Basic, Release to close, Charleston Street Swing , Cuddle, Outside Inside Combinations
3	Sept 2/4	No Class Labor Day Sept 2 Street Swing, Outside Inside combo, Leaders Left Turns
4	Sept 9/11	Street Swing, Leader's right Turns, Circling Tuck ins
5	Sept 16/18	Street Swing, 10 step East Coast Swing Basic, Rotating Basic, Release to close
6	Sept 23/25	East Coast Swing Cuddle, Outside Inside Combinations
7	Sept 30/Oct 2	East Coast Swing Leaders left and right turns, 4 backward walks Practice
8	Oct 7/9	Midterms, One Homework due
9	Oct 14/16	Lindy Basic
10	Oct 21/23	Lindy Three types of U/A turns
11	Oct 28/30	Lindy 4 basic Embellishments

Week	Course Content (Assignments, Exams/Quizzes, ...)
12 Nov 4/6	Lindy Kick step kick turn, West Coast Basic, Left and right-side passes
13 Nov 11/13	WC Swing Right side pass behind the back to lunge
14 Nov 18/20	WC Swing Roll in roll out, Lock and Basic whip WC Swing Variations,
15 Nov 27/29	WC Swing Variations, No class Nov 28 Thanksgiving.
16 Dec 2/4/9	Review and Practice
Finals Dec 11-18	Finals date TBD