



KIN Student Advising Resource Guide

Academic Year 2024-2025

San José State University

KIN Major Advisor Assignments

a. Once you are assigned a KIN major advisor, your advisor assignment will eventually be **viewable on your Spartan Connect portal**, not on your MySJSU page.

To log into the Spartan Connect portal, visit

<https://one.sjsu.edu/>

KIN Major Advisor Assignments

b. Most faculty, including your main KIN advisor, **may not be available or responsive to email during the Summer and Winter breaks**. Keep in mind is that faculty are busy at beginning and end of each semester, so be sure to plan-ahead and avoid waiting until the last minute to ask questions to your advisor. **Poor planning on your part does not constitute an emergency on your advisor's part.**

c. Over the winter and summer, if you do have advising questions, reach out to:

KIN Undergraduate Advising Manager, Daniel Bohigian: daniel.bohigian@sjsu.edu

KIN Administrative Support Assistant, Victoria Duval: victoria.duval@sjsu.edu

Suggestions When Communicating via Email

- a. Use your SJSU email address for all communications.** Your SJSU email address will also grant you access to the MLK Jr. Library, DocuSign, Zoom, and other useful resources that will aid in your academic career at SJSU. **Check your SJSU email inbox consistently.**

- b. Offer your SJSU ID#** when communicating with advisors for efficiency and ease-of-retrieval and address faculty, lecturers, advisors, and staff appropriately. Avoid overly-casual language.

- c. When emailing your advisor or a professor, offer as much information as you can to guide the conversation and to establish context clearly. Ensure you are asking direct questions to receive direct answers.**

Key Advising-Related Websites

a. KIN Current Students Website:

<https://www.sjsu.edu/kinesiology/Students/CurrentStudents.php>

b. College of Health and Human Sciences Student Success Center (CHHS SSC):

<https://www.sjsu.edu/chhs-ssc/>

c. MyProgress Degree Tracking Tool:

<https://www.sjsu.edu/ue/student-resources/myprogress.php>

Key Advising-Related Websites

d. MyScheduler Course Registration Tool:

<https://www.sjsu.edu/classes/register/myscheduler.php>

e. MyPlanner Course Planning Tool:

<https://www.sjsu.edu/ue/student-resources/myplanner.php>

f. SJSU Articulation Agreements With Other Institutions for Transfer Courses:

<http://info.sjsu.edu/web-dbgen/artic/all-school-to-school.html>

Understanding the KIN Undergraduate Student Handbook

- a.** It is essential to **thoroughly read** the KIN Undergraduate (UG) Student Handbook.

- b.** Refer to the most recent **2024-2025 KIN UG Student Handbook** in conjunction with your MyProgress to track your degree requirements moving forward.

The KIN UG Student Handbook is available to view at:

<https://www.sjsu.edu/kinesiology/Students/CurrentStudents.php>

Understanding the KIN Undergraduate Student Handbook

When reading the KIN UG Student Handbook, pay close attention to:

1. GE requirements and the 120-unit SJSU graduation minimum requirement
2. KIN Core curriculum and classes
3. Specialization-specific KIN Sub-core curriculum and classes
4. Activity course requirements and activity course movement areas
5. Internship unit requirements
6. Pre-approved guided electives (contact your main KIN advisor to check if your specialization is pre-approved to pursue a minor outside the department).

Importance of Completing Listed Prerequisites

- a.** Throughout the handbook, there are **active and clickable** links that will direct you to **SJSU catalog descriptions and supplemental websites**.

- b.** Toward the end of the handbook is a list of all upper-division KIN courses complete with **SJSU catalog descriptions and prerequisite requirements**.

- c.** Pay close attention to **prerequisites for upper-division KIN courses**. Failure to meet prerequisites will result in you **not being able to enroll** in certain courses and may **negatively impact your course planning** and timely graduation.

Importance of Completing Listed Prerequisites

As transfer students, ensure you have completed or have a plan to complete the following **KIN major prerequisite courses as soon as possible.**

BIOL 65 – Human Anatomy

BIOL 66 – Human Physiology

CHEM 30A – Introductory Chemistry

Area B4 Math – STAT 95 is recommended

KIN 70 – Introduction to Kinesiology

KIN Majors and KIN Specializations

The Department of Kinesiology offers two distinct degrees:

1. Bachelor of Science (B.S.) Kinesiology (with five specializations).
2. Bachelor of Science (B.S.) Kinesiology, Preparation for Teaching (PETE) with the option of pursuing Spartan Accelerated Graduate Education (SAGE) option.

The Three Major Components in Completing your Degree in Kinesiology:

1. Complete SJSU general education requirements.
2. Complete KIN major prerequisite courses and the KIN core curriculum.
3. Complete coursework for a selected KIN area of specialization (sub-core).

KIN Majors and KIN Specializations

a. For students pursuing a B.S. in Kinesiology, select from one of the below specializations:

Exercise and Fitness Specialist

Rehabilitation Science

Inclusive Physical Activity in Communities (IPAC)

Sport Management and Culture

Individualized Studies (Advisor approval required)

Transfer Curriculum Studies (Certified AA/ADT degree and advisor approval required)

b. B.S. Kinesiology, Preparation for Teaching (PETE) is a separate major, not a specialization.

KIN Majors and KIN Specializations

- c.** When selecting a KIN specialization, keep in mind your future goals. For instance, if you have plans on attending graduate school, be sure to do **preliminary exploration of the school you are interested in** and select a specialization that aligns with the **desired prerequisites** requested by the institution. The same goes for any post-graduation **certification programs**.

- d.** Check with your **main KIN advisor to discuss potential course substitutions for guided electives** that align with your present and future academic goals. Check with your KIN advisor about the applicability of pursuing a minor: **Do not simply apply for a minor without advisor consent**.

- e.** If you have not yet selected a specialization, you can do so by logging into your **MyPlanner** (accessible via MySJSU).

KIN Majors and KIN Specializations

The **Exercise and Fitness Specialization** curriculum is curated to aide in preparing you for future careers including, but not limited to:

Athletic Training

Physician's Assistant

Pre-Med

Chiropractic

Personal Training

Strength and Conditioning Coach

KIN Majors and KIN Specializations

The **Rehabilitation Science** specialization curriculum is curated to aide in preparing you for future careers including, but not limited to:

Physical Therapy

Chiropractic

Physician's Assistant and Other Allied Health Professions

Pre-med

NOTE: For students looking to pursue PT after graduating SJSU, a **minimum GPA of 3.0 (including GPA for PT school prerequisite coursework)** is required to be considered a competitive candidate.

KIN Majors and KIN Specializations

The **Inclusive Physical Activities in Communities (IPAC)** specialization curriculum is curated to aide in preparing you for future careers including, but not limited to:

Occupational Therapy

Adapted Physical Activity and Education/Physical Activity for Specialized Populations

Physical Activity for Individuals Diagnosed with a Disability

Physical Activity for Older Adults and Young Children

NOTE: All SJSU OT entry level Master's Program prerequisite coursework **must be passed with a grade of B or higher** to count toward completion of the OT prerequisites.

KIN Majors and KIN Specializations

The **Sport Management and Culture** specialization curriculum is curated to aide in preparing you for future careers including, but not limited to:

Athletic Administration/Athletic Director (high school or university)

Coaching

Sport Psychology, Sport Sociology, and Sport Philosophy

Sports Marketing, Promotions, Fan Engagement, and Facility Management

Development and Fundraising

Sports Law and Sports Policy

KIN Majors and KIN Specializations

For transfer students with unique educational and career goals that do not align with one of the pre-existing KIN specializations, the **Individualized Studies specialization** is an option.

Prior to selecting and pursuing the Individualized Studies specialization, you must receive approval from the KIN Advising Manager, Daniel Bohigian, and the KIN UG Coordinator, Dr. Erin Siebert, a **minimum of 30 units prior to your anticipated graduation date.**

A **formal curriculum proposal with a complete written justification** for each of the courses listed in the curriculum proposal will be required. Contact KIN Advising Manager daniel.bohigian@sjsu.edu for further information.

KIN Majors and KIN Specializations

For transfer students with a previously-completed, **certified and posted ADT/AAT degree in Kinesiology**, the **Transfer Curriculum Studies** option may be applicable to pursue.

Prior to selecting and pursuing the **Transfer Curriculum** specialization, you must receive approval from the KIN Advising Manager, Daniel Bohigian, and the KIN UG Coordinator, Dr. Erin Siebert, a **minimum of 30 units** prior to your anticipated graduation date.

A **formal curriculum proposal with a complete written justification** for each of the courses listed in the curriculum proposal will be required. Contact KIN Advising Manager daniel.bohigian@sjsu.edu for further information.

Note Regarding Course Substitutions for the KIN Major

Substitutions will not be accepted for the following requirements:

1. KIN Core Curriculum
2. KIN Activity Courses
3. KIN Specialization Sub-core Curriculum
4. Internship Requirement

Substitutions may only be accepted for guided elective courses not listed on the pre-approved list within the KIN UG Student Handbook and as listed on your MyProgress. A **documented agreement from a KIN major advisor** will be required to process any course substitution form.

MyProgress Basics

Your **MyProgress** will look different depending on the specialization you choose. You will notice differences for the following categories:

1. KIN Specialization Sub-core Curriculum
2. Internship unit requirements
3. Guided elective unit requirements

NOTE: the “**Expected Grad Term**” listed toward the top of your MyProgress page is **not official and is not a guarantee**. The semester and year is solely a prediction based on the number of units to be completed for your KIN degree.

Course History and Transfer Credits

- a.** The **course history tab on your MySJSU page** will offer an easy-to-read list and breakdown of your completed courses, including courses that have successfully articulated and transferred to SJSU from community colleges and junior colleges.

- b.** For transfer students, the **transfer credit** tab on your MySJSU page will offer a course-by-course list of the classes that appear on your transcripts from community college and junior college.

- c.** It is important to check the **articulation agreements** between your previous institution and SJSU to ensure transfer courses are being properly credited. Check the following link for a list of course-to-course articulations from other institutions: <http://info.sjsu.edu/web-dbgen/artic/all-school-to-school.html>

Notes Regarding Applying for Graduation

a. When you have completed **85 or more units in total**, the Registrar's office will make you **eligible to apply for graduation** through the "My Academics" tab on your MySJSU account.

In the future, if you believe you are eligible to apply for graduation, but have **not received clear communication from the Registrar's office**, please reach out to Advising Manager, Daniel Bohigian - daniel.bohigian@sjsu.edu

b. Prior to applying for graduation, **even if you have been made eligible, you must meet with your advisor** to determine if you are going to be able to complete your remaining requirements in the time frame in which you apply for graduation.

Notes Regarding Applying for Graduation

c. Applying for graduation **too early** will result in the need to fill out a change of graduation date form which will **negatively impact your priority registration status.**

d. Keep in mind the Registrar's office makes all students with 85+ units completed eligible to apply, but the **unit count does not necessarily take into consideration remaining KIN core, sub-core, and guided elective requirements.**

NOTE: It is common for **transfer students to apply for graduation too early.** Make sure you do your due diligence in applying for graduation at the appropriate time.

Registering For Classes

a. Check out the following link for further information on **how to enroll in classes at SJSU**:

<https://www.sjsu.edu/classes/register/index.php>

b. Prior to enrolling in classes, ensure that you have **(a) selected a specialization** via MyPlanner and **(b) double-check to ensure the courses you enroll in will satisfy your overall graduation requirements** and KIN specialization requirements.

c. Of note, if you enroll in a course and notice the course under the **“earned units”** section toward the bottom of your MyProgress, the course **is not counting toward your graduation requirements**.