

## **PRESS RELEASE**

### **New BA Concentration in Creative Arts Therapy Studies**

Effective Fall 2026, there will be a new concentration in Creative Arts Therapy Studies offered by the Creative Arts Program in the Humanities Department. It will provide a preparatory pathway toward professional training in Arts Therapy.

As part of the oldest interdisciplinary arts program in the CSU (since 1956), this concentration emphasizes the integration of studies in the arts and wellness with a minor in Psychology. It is the first degree pathway in arts therapy prep in the CSU.

Students explore therapeutic applications of the arts, with a focus on developing skills in the visual arts. The program supports those interested in careers in arts, health, and community practice. It also prepares students for graduate study in arts therapy or counseling fields.

See the [catalog description and course requirements](#)

### **New Course in Creative Arts & Wellness offered for first time in Fall 2026**

In the Fall, the new course: **CA 101 Creative Arts and Wellness** will be offered by the Creative Arts Program. It will be required for students in the new concentration but is OPEN TO ALL students who are curious about the arts, healing, and well-being!

### **CONTACT**

Email Dr. Shannon Rose Riley for more information about either the Concentration or CA 101: [shannonrose.riley@sjsu.edu](mailto:shannonrose.riley@sjsu.edu)