

PRESENTS: IRELAND



The College of Health and Human Sciences (CHHS) has initiated a requirement for students to participate in an international experience prior to graduation. The goal of CHHS's international experience requirement is to introduce students to international and intercultural perspectives in order to prepare them to live and work in an increasingly globalized world.

Studying abroad is a high-impact educational practice that has been shown to increase student success and employability after graduation. The CHHS International Experience is designed to provide high-quality global learning experiences that are flexible, affordable, and relevant to students' degree programs and professional goals.

KEEP UP WITH US:



Have any questions or concerns? Email us :

CHHS-INTERNATIONALEXPERIENCE@SJSU.EDU



IRELAND

Ireland, Irish Éire, country of western Europe occupying five-sixths of the westernmost major island of the British Isles. The magnificent scenery of Ireland's Atlantic coastline faces a 2,000-mile- (3,200-km-) wide expanse of ocean, and its geographic isolation has helped it to develop a rich heritage of culture and tradition. Ireland is also renowned for its wealth of folklore, from tales of tiny leprechauns with hidden pots of gold to that of the patron saint, Patrick, with his legendary ridding the island of snakes and his reputed use of the three-leaved shamrock as a symbol for the Christian Trinity.



Britannica

IRELAND'S OFFICIAL LANGUAGES ARE...

Irish (Gaelic) & English

HOW TO GET AROUND

Trains, multiple stops and rides between buses to other train stations are possible depending on the destination. Buses, (long hauls bus trips are not luxurious but offer free wifi and are cheap, local buses tend to run late and you wave down bus drivers, they don't automatically stop.

WEATHER

Average Monthly Temperature, Rainfall, and Daylight Hours

| Month | Avg. Temp. | Rainfall | Daylight Hours |
|-----------|------------|----------|----------------|
| January | 47 F | 4 in | 8 Hours |
| February | 48 F | 3.4 in | 9 Hours |
| March | 50 F | 2.9 in | 11 Hours |
| April | 53 F | 2.6 in | 13 Hours |
| May | 57 F | 2.4 in | 15 Hours |
| June | 61 F | 2.7 in | 16 Hours |
| July | 64 F | 3.1 in | 16.5 Hours |
| August | 64 F | 3.1 in | 15 Hours |
| September | 61 F | 3 in | 13 Hours |
| October | 56 F | 4.1 in | 11 Hours |
| November | 51 F | 4.1 in | 9 Hours |
| December | 48 F | 4.3 in | 7.5 Hour |

**Travel to Ireland:
Things to know
before traveling
abroad**

DRESS FOR COMFORT

Casual is the rule everywhere. Jeans and sneakers are fine. Wear casual comfortable clothes that can be easily layered, so that if temperatures fluctuate you can take off a layer or add another one. You will certainly do a lot of walking in Ireland so comfortable shoes are essential.

DINING ETIQUETTE

- The knife remains in the right hand, and the fork remains in the left. When the meal is finished, the knife and fork are laid parallel to each other across the right side of the plate.
- Pass all dishes to your left.
- Hands are expected to be in one's lap when not holding utensils at the dinner table.
- Restaurants usually include a service charge in the bill, so you will not be expected to leave an additional tip. When one has not beer, included, leave a tip of 10 to 15 percent.

TOP FOODS TO TRY

1. Soda Bread
2. Irish Stew
3. Colcannon and champ
4. Boxty
5. Black and White Pudding
6. Coddle
7. Barmbrack
8. ALL the Seafoods